



# The Autism Center

## Workshops for Parents & Caregivers

### July 2019

**\* Please note the start time for each workshop!\***

<p style="text-align: center;"><b><u>Sleep Problems</u></b></p> <ul style="list-style-type: none"> <li>• Does your child have trouble falling asleep or staying asleep?</li> <li>• Does your child have challenging behavior at bedtime?</li> <li>• Do you have concerns about your child's sleep habits?</li> <li>• Learn how to help with these concerns and more!</li> <li>• Workshop offered on <b>Tuesday, July 2<sup>nd</sup></b> from <b><u>10:00 a.m. – 12:00 p.m.</u></b></li> </ul>	<p style="text-align: center;"><b><u>Behavior Management</u></b></p> <ul style="list-style-type: none"> <li>• Does your child have challenging behavior that gets in the way of life?</li> <li>• Do you wonder why challenging behavior happens?</li> <li>• Learn how to help your child have better days!</li> <li>• Workshop offered on <b>Tuesday, July 9<sup>th</sup></b> from <b><u>9:30 a.m. – 12:00 p.m.</u></b></li> </ul>
<p style="text-align: center;"><b><u>Learning About ASD</u></b></p> <ul style="list-style-type: none"> <li>• Do you have questions about ASD?</li> <li>• Want to learn more about ASD?</li> <li>• Learn about ASD, how it's diagnosed, common challenges, community resources, and more!</li> <li>• Workshop offered on <b>Tuesday, July 23<sup>rd</sup></b> from <b><u>9:30 a.m. – 12:00 p.m.</u></b></li> </ul>	<p style="text-align: center;"><b><u>Feeding Problems</u></b></p> <ul style="list-style-type: none"> <li>• Is your child a picky eater?</li> <li>• Does your child have challenging behavior at mealtimes?</li> <li>• Do you have concerns about your child's eating habits?</li> <li>• Learn how to help with these concerns and more!</li> <li>• Workshop offered on <b>Tuesday, July 30<sup>th</sup></b> from <b><u>10:00 a.m. – 12:00 p.m.</u></b></li> </ul>

**Advance registration is required and there is a charge for these workshops.**  
**The charge will either be billed to your child's insurance, or you can choose to self-pay.**  
**Information on billing and payment options is available upon request.**  
*We are unable to provide childcare at this time.*  
**If interested, please contact the Autism Center at 504-896-7272.**

