

Gynecological Exam

Date _____ Time _____
 Actual Age _____ Weight _____ lb _____ oz. Height _____ in. BMI _____
 Temp _____ Pulse _____ Resp _____ BP _____ Pain Score (0 – 5) _____
☐ Environmental Screen ☐ Growth chart plotted Nutrition: ☐ Vitamins ☐ Fluoride
 Adverse Reactions (drug allergies): ☐ Yes* _____ ☐ No *If yes, also list on Patient Problem Summary in front of chart.
☐ Patient section reviewed? ☐ Patient's concerns addressed
☐ Immunizations current (copy in chart) ☐ Off Schedule ☐ Parental Refusal Explain _____
 Current method of contraception: _____ Last mammogram: _____
 Sexually Active Yes _____ No _____ Menarche age: _____ LMP _____ Gravida _____ Para _____
 Last PAP: _____
 Problems: _____

Current Medications: ☐ None or list medications below.

Name	Dose	Frequency

Nurse's Signature


Physical: Check (☑) if normal. Circle if abnormal and describe.

Breast	<input type="checkbox"/> Normal	<input type="checkbox"/> Other
External Genitalia	<input type="checkbox"/> Normal	<input type="checkbox"/> Other
Urethral Meatus	<input type="checkbox"/> Normal	<input type="checkbox"/> Other
Urethra	<input type="checkbox"/> Normal	<input type="checkbox"/> Other
Bladder	<input type="checkbox"/> Normal	<input type="checkbox"/> Other
Vagina	<input type="checkbox"/> Normal	<input type="checkbox"/> Other
Cervix	<input type="checkbox"/> Normal	<input type="checkbox"/> Other
Uterus	<input type="checkbox"/> Normal	<input type="checkbox"/> Other
Adnexa	<input type="checkbox"/> Normal	<input type="checkbox"/> Other
Perineum/Anus	<input type="checkbox"/> Normal	<input type="checkbox"/> Other
Hymen	<input type="checkbox"/> Intact	<input type="checkbox"/> Open

Plan: ☐ HPV ☐ Flu ☐ Hgb (if necessary) _____ Value ☐ Counseled
 Patient Counseled: ☐ Weight Management/Exercise ☐ Contraception/Safe Sex ☐ Smoking Cessation ☐ Breast Self-Exam
 If sexually active, ☐ Pap test, screen for: ☐ Chlamydia ☐ Gonorrhea
☐ Other _____

☐ Interpretive Conference Conducted Return _____
☐ Parent/guardian instructed to keep **Current Medication List** to share with other providers and for emergencies. **INITIALS** _____
☐ Parent/guardian verbalized understanding the **Plan of Care**. **INITIALS** _____

Physician/Practitioner's Signature 	Date / /	Time AM/PM :
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Patient Section Gynecological Exam

SECTION TO BE COMPLETED BY PATIENT

Personal/Social History

Are you **CONCERNED** about...

(check appropriate box for each question)

- | | Yes | No |
|---|--------------------------|--------------------------|
| 1. School/work: (circle) grades, motivation, concentration, completing assignments? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Your breasts, menses, pelvic pain, vaginal discharge? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Sexual issues: (circle) sexual orientation, sexually transmitted diseases, AIDS/HIV, other | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Eating habits, weight loss, loss of energy, sleep habits? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Recurrent ear, sinus or throat infections, nosebleeds? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Chest pain, shortness of breath, or irregular heartbeat? | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Frequent colds, cough, wheezing, recurrent bronchitis? | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Abdominal pain, vomiting, diarrhea, constipation? | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Urinary control, bed wetting, urinary infections? | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Joint pain, stiffness, swelling, muscle pain, weakness? | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Birthmarks, skin rashes, itching, nail or hair problems? | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Recurrent headaches, dizziness, tics, weak, seizures? | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Mood changes, sadness or nervous problems? | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Excessive thirst or hunger, increased urination, weight loss? | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. Paleness, anemia, easy bruising, swollen glands? | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. Milk, food or drug allergies, recurrent infections? | <input type="checkbox"/> | <input type="checkbox"/> |

Personal/Social

- | | Yes | No |
|--|--------------------------|--------------------------|
| 17. Have you had a pelvic examination?
approx. date _____ Pap test _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. When was your last menstrual cycle? _____ | | |
| 19. Are you sexually active now?
If yes, do you always use a condom? | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. Do you use cigarettes, smokeless tobacco? | <input type="checkbox"/> | <input type="checkbox"/> |
| 21. Do you drink alcohol?
If yes, do you drink: <input type="checkbox"/> beer <input type="checkbox"/> wine <input type="checkbox"/> liquor
<input type="checkbox"/> rarely <input type="checkbox"/> weekly <input type="checkbox"/> daily # of drinks _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 22. Have you been drunk in the past month? | <input type="checkbox"/> | <input type="checkbox"/> |
| 23. Do you ever drive a vehicle when drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 24. Do you ever use recreational drugs? | <input type="checkbox"/> | <input type="checkbox"/> |
| 25. Do you always use a seatbelt when in a car? | <input type="checkbox"/> | <input type="checkbox"/> |
| 26. Are there guns in the house? | <input type="checkbox"/> | <input type="checkbox"/> |

History Update

- | | Yes | No |
|--|--------------------------|--------------------------|
| 27. Has there been a change in your medical history?
_____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 28. Has there been a change in your family medical history?
_____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 29. Has there been a change in your household situation?
_____ | <input type="checkbox"/> | <input type="checkbox"/> |

Comments (Please Print)

- | | Yes | No |
|---|--------------------------|--------------------------|
| 30. Do you have any concerns you wish to discuss? | <input type="checkbox"/> | <input type="checkbox"/> |

Signature

X

Date MM/DD/YY

/ /

Time 00:00 AM/PM

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