

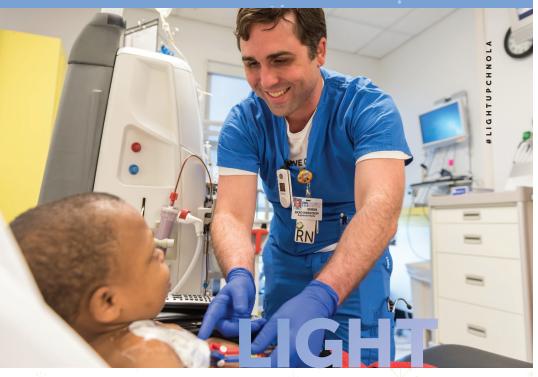
## Help make the séason bright...\*

and family gatherings — Children's Hospital never stops. At this very moment, children just like Keona, whose life was saved after a traumatic injury, will be receiving the critical care they need. At this very moment, our dedicated caregivers

**Every day, every season** – Children's Hospital cares for kids who need us the

More than 1,900 staff and 11,000 children and their families will spend

Let them know you care about what they are going through.



# THE SEASON

To watch the story visit www.CHNOLA.org/LIGHTS



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Children's Hospital's mission is to provide comprehensive pediatric healthcare that recognizes the special needs of children through excellence and the continuous improvement of patient care, education, research, child advocacy and management.

#### www.chnola.org











#### **FEATURES**

10 Calm Under Pressure

Matthew Goodwin handles hypertension with ease

14 All in the Family

The Remedios doctors are a Children's Pediatrics family

#### **COLUMNS**

2 From the President's Desk

A New Era for Children's Hospital

4 Chief Medical Officer's Message

Transformations

#### **HOSPITAL NEWS & EVENTS**

- 3 Hospital News
- 5 Doctors' Notes
- 8 Out & About
- 16 Helping Hands

#### **DEPARTMENTS**

6 Community Outreach

Hospital introduces child safety seat checks

7 Family Focus

The Parenting Center offers guidance for raising a grateful child

## ON THE COVER

Put to the test, Matthew Goodwin has aced a lifelong battle with severe hypertension.

#### **OUR COMMITMENT TO DIVERSE POPULATIONS**

NON-DISCRIMINATION: Children's Hospital is committed to meeting the needs of the diverse population that we serve. We do not discriminate on the basis of race, color, national origin, age, disability, gender identity or sexual orientation.

ACCOMODATIONS FOR DIVERSE POPULATIONS: In order to better accommodate our diverse community, we provide the following services, free of charge, to persons with disabilities:qualified sign language interpreters; written information in other formats.

In order to accommodate patients and families who prefer to communicate in a language other than English, we also provide the following free language services: qualified interpreters; information translated into languages other than English.

If you need these services, please contact the manager of our Social Services Department at (504) 896-9367.

COMPLAINTS & GRIEVANCES: If you believe that we have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, gender identity or sexual orientation, you can file a grievance with: Children's Hospital Director of Patient Experience; 200 Henry Clay Avenue; New Orleans, LA 70118; (504) 896-3073; CHcomplaints@LCMChealth.org.

You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, our Director of Patient Experience is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office of Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobbyjsf or by mail or phone at: U.S. Department of Health and Human Services; 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201 1-800-368-1019; 1-800-537-7697 (TDD). Complaint forms are available at www.hhs.gov/ocr/office/file/index.html.

# FROM THE President's Desk



JOHN NICKENS, IV
President & CEO

#### A NEW ERA FOR CHILDREN'S HOSPITAL

**GREETINGS AND WARM THOUGHTS** for happy holidays and a bright New Year! I want to thank each of you for your gracious hospitality in welcoming Marye and me in true New Orleans style. We are quickly settling into our new community and have already fallen in love with the city, the culture, the Saints and the hospital. It has been a pleasure to meet many of you and listen to your inspirational stories about your connection to Children's Hospital. It doesn't take long to discover the real treasure of New Orleans and of Children's Hospital — the people!

With great respect for our powerful heritage that provides the foundation for an innovative vision, Children's Hospital has embarked on the most ambitious project in its 60+ year history. I am pleased to join the hospital at this significant time. We are poised to not only be the

regional leader in pediatric healthcare but to change the face of healthcare for ALL children. The Board of Trustees has set the example with a \$300 million transformational project demonstrating their belief that the best investment in our future is the wellness of our children. We look forward to sharing many more details about our expansion project in 2018.

We are strengthened by our past success and excited about the opportunities of the future; yet even more importantly, we are committed to make today great!

#### PEOPLE ARE THE CULTURE, AND WE ARE INVESTING IN OUR PEOPLE.

Among our important safety initiatives, this year we launched Just Culture, a method of creating an open, fair and questioning culture of learning. During our new Leadership Rounds, leaders interact directly with staff stressing safety techniques and listening to concerns, then empowering every employee to take action in leading with excellence regardless of rank, title or position. We rolled out the "Good Catch" Program rewarding team members for reporting near-miss safety events that allow us to apply lessons learned quickly across the organization.

#### PATIENTS AND THEIR FAMILIES ARE OUR TOP PRIORITY.

To help in this effort, we initiated a Patient/Family Advisory Board to aid in continuous improvements for patients and their families. As a result of these efforts, we received an award for the most improved facility at the National Research Corp (NRC) Annual Symposium on patient-centered care. Our patient satisfaction scores increased exponentially, prompting an invitation to speak at NRC's Annual Pediatric Collaborative on Nursing Communication with Patient/Family.

#### WE ARE TELLING OUR STORY.

We are sharing our story with advertisements throughout the community that capture our commitment to being "the place for kids" and "caring for every child as our own." We have billboards, bus and radio ads that carry this message and promote emergency care in tandem with our network of strong primary care physicians. When consumers search online for a pediatric specialist, our name comes up as the preferred provider of those services. And in this final month of the year, we have launched "Light Up the Season," a campaign that offers a glimpse into the world of our families and caregivers, who are spending their holiday in the hospital. Take a moment to watch the beautiful videos at www.CHNOLA.org/LIGHTS.

These efforts are a reflection of the incredible commitment from our medical staff, caregivers and support team. Each and every day these healthcare heroes deliver outstanding care at the highest of standards, wrapped with love to make Children's New Orleans a remarkable place for healing to happen.

Join us in our journey.



#### **CONSTRUCTION UPDATE**

Children's Hospital is on schedule with the first phase of a \$300 million expansion project. Phase 1 consists of a new parking garage and associated sky-bridge, which connects the garage to a renovated outpatient pavilion and clinic lobby area. The garage is scheduled to be completed by April 2018, with the sky bridge and remainder of Phase 1 complete by August 2018.

Phase 2 will kick off this month and will involve construction of a new tower to support an entirely new CICU, imaging center and surgical department, as well as enhanced food service and family services capabilities. The central equipment plant will also be updated during this phase. These enhancements are scheduled to be completed July 2019. Phase 2 will also involve significant upgrades to the Emergency Department, which will be finalized by June 2020.

The final construction phase includes the front lobby concourse, support services and the loading dock, with a planned completion of December 2020.

## CHILDREN'S HOSPITAL OPENS NEW CLINICS

This year, Children's Hospital welcomed three new outpatient clinics to its roster of satellite facilities.

Denham Springs Center, the fifth clinic to join the Children's Hospital family of outpatient specialty clinics, is fully dedicated to treating Children's Hospital's cardiology patients in the area. The clinic, staffed by Dr. Michael Brumund and



a team of specialty nurses and staff, offers five exam rooms and is equipped with the capability to perform and interpret echocardiograms and electrocardiograms (EKGs) on site. Denham Springs Center is open weekdays, and appointments can be made through the hospital's Scheduling Center at (504) 896-2888.

Children's Hospital's Outpatient Rehab Center recently relocated from the hospital's main campus to Metairie. The clinic, which provides all therapy services including physical; occupation; and speech therapy, offers patient families a larger, newly renovated space, ample parking and easier access. To learn more about the Children's Hospital Outpatient Rehab Center, visit www.chnola.org/rehab.

A new addition to the growing list of Children's Pediatrics clinics is Children's Pediatrics Laplace, www.chnola.org/pediatrics. The clinic provides quality pediatric primary care for children west of New Orleans.

### CHILDREN'S HOSPITAL NURSES HONORED AS GREAT 100 IN LOUISIANA

Congratulations to
Dolores Demma, RN,
director of the NICU;
Lynn Winfield, RN,
director of the
Hematology/Oncology
inpatient and outpatient
unit; and Esther
Barrios, RN,
hematology/oncology



nurse, for being chosen as one of this year's Great 100 Nurses. Each year, the Great 100 Nurses Foundation selects its list of honorees based on their contributions to the community, humanity and the profession of nursing. Children's Hospital is proud to be the home of these three extraordinary nurses and distinguished award recipients.

#### **BOARD HONORS**

The Posse Foundation recently honored Children's Hospital Board of Trustees members Stephen Hales, MD, and Tony Recasner, PhD, during their signature event, the Power of 10. The pair was hailed for their dedication to improving public education and their leadership for our region's youth. Posse is one of the most comprehensive and renowned college access and youth leadership development programs in the United States.

The New Orleans Council for Community and Justice recently honored LCMC Health Board of Trustees Chairman, Bill Mimeles, with the 60th Weiss Award. The award recognizes outstanding area leaders who have given selflessly in service to the community.

## FROM OUR Chief Medical Officer



JOHN HEATON, MD
Chief Medical Officer

#### **TRANSFORMATIONS**

ANYONE WHO COMES TO CHILDREN'S HOSPITAL THESE DAYS will notice the construction crews and equipment surrounding the campus. The massive refresh and upgrade to the hospital and its environs that has been years in the planning has taken off, and the next two and one half years promise to radically change the setting in which we care for our young patients. The physical transformation is impressively obvious and will help convert the campus into a showpiece dedicated to serving the children of Louisiana. What is not so apparent is the underlying evolution of our team, and the investment and guidance by our Board that has combined to bring us to this pivotal moment in the history of Children's Hospital. Just as we expect that our campus will bear little resemblance to its current configuration three years from now, our organization has been inexorably morphing into a system that can adapt and prevail in the tough, competitive business of healthcare — all so we can continue to provide first-rate pediatric care to the patients we serve. Children's Hospital is at an inflection point in its history. While we have steadily improved and innovated in notable ways, having a future that mirrors the past 62 successful years will dictate that our team constantly innovate, efficiently deliver care, and adjust to the headwinds at a constantly increasing tempo. We know it won't be easy to maintain the pace required to consistently provide the best care for our patients and deliver on our mission to our community. Making this vision real will require talented and well-led teams in every aspect of our operation — and I'm confident that the dedicated caregivers we've brought together are up to the challenge.

As one of the longest serving members of the leadership team, it is exciting to watch the new buildings come up, but what is really inspiring to me is the foundational growth of the people that come to work every day at Children's Hospital. One consistent attribute among our team members, whether new faces or old hands, is that every one of them takes great personal pride in the job they do on behalf of the children we care for, and that has been constant throughout my tenure here. What has developed over time is an ethos of adaptability and resilience that will serve us well as we face the challenges and changes the future portends. Just like every other caregiver at Children's, I am fiercely proud of the work we do and take no small amount of satisfaction at the success of some of our foundational initiatives surrounding patient safety and care transformation. However, nothing in my experience at Children's has been more gratifying and humbling than helping our organization reinvent itself to innovate and excel on behalf of our patients. It is fascinating to watch as old school pride and institutional memory combine with fresh ideas and new perspectives to generate an energy that will serve us well as we strive to provide the best care for every child entrusted to us.

#### **NEW ORLEANS MAGAZINE'S 2017 BEST DOCTORS**

Each year New Orleans Magazine publishes their list of the area's best healthcare providers. Congratulations to the 55 Children's Hospital physicians who were selected by their peers.

William Accousti MD Moises Arriaga, MD Diego Aviles, MD John Barbara, MD Brian Barkemeyer, MD Brandon Black, MD Erin Boh, MD Michael Brumund, MD Minnie Buis, MD Joseph Caspi, MD Stuart Chalew, MD Charles Coleman, MD Jane Congeni, MD Randall Craver, MD Cary Culbertson, MD Stephen Deputy, MD Bonnie Desselle, MD George Ellis, MD

David Estes, MD Horatio Eustis, MD Donald Faust, MD Kelly Gajewski, MD Renee Gardner, MD Jessica Gautreaux, MD Abraham Gedalia, MD Ricardo Gomez, MD Joseph "Tony" Gonzales, MD Clarence Greene, MD Stephen Hales, MD Stanley Hall, MD John Heaton, MD Michael Heller, MD Andrew King, MD George Koclanes, MD Lakisha Mamon, MD Mark Morici, MD Michael Moses, MD

Staci Ollister, MD Joseph Ortenberg, MD Kenneth Paris, MD Jeffrey Poole, MD Dana Rivera, MD Sheryl Sawatsky, MD Malachi Sheahan, MD Louis Shenk, MD Ernest Siwik, MD Sam Solis, MD Ricardo Sorensen, MD Hugo St. Hilaire, DDS, MD Ann Tilton, MD Maria Velez, MD Raymond Watts, MD Maria Weimer, MD Joaquin Wong, MD Scott Zander, MD



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GOTTLEIB-SEN, MD,
CHILDREN'S HOSPITAL
CARDIOTHORACIC
SURGEON CHOSEN
AS A 2017 CITYBUSINESS
WOMEN OF THE YEAR
HONOREE.

#### MEET OUR NEW PROVIDERS

















#### 1/ JOANNA BUCKINGHAM, MD

Pediatrics

Medical School: LSU Health New Orleans; Residency: LSU Health New Orleans

#### 2/ KATHERYN CELESTIN, FNP

Orthopedics

Postgraduate: Southeastern Louisiana University

#### 3/ LINDSAY ELLIOTT, DO

Physical Medicine and Rehabilitation

Medical School: Nova Southeastern School of Osteopathic Medicine; Residency: LSU Health New Orleans; Fellowship: University of Colorado

#### 4/ ADELE EVANS, MD

Otolaryngology

Medical School: Emory University; Residency: Massachusetts Eye and Ear Infirmary; Fellowship: The Children's Hospital of Philadelphia

#### 5/ FABIENNE GRAY, MD

General Surgery

Medical School: LSU Heath New Orleans; Residency: LSU Health New Orleans; Fellowship: Arkansas Children's Hospital

#### 6/ ISABEL REMEDIOS, MD

Pediatrics

Medical School: LSU Health New Orleans; Residency: LSU Health New Orleans

#### 7/ EMILY THOMAS, MD

Pediatrics

Medical School: University of Mississippi; Residency: Johns Hopkins School of Medicine

#### 8/ ELIZABETH WISNER, MD

Allergy/Immunology

Medical School: LSU Health New Orleans; Residency: LSU Health New Orleans; Fellowship: LSU Health New Orleans

#### **NOT PICTURED:**

#### **VALERIE ANDERSON, NNP**

Pediatric

Medical School: Medical College of Georgia Postgraduate: LSU Health New Orleans

#### MICHAEL BLANCANEAUX, MD

Emergency Medicine

Medical School: LSU Health New Orleans; Residency: LSU Health New Orleans

#### ESTELLA BROOKE, MD

Vascular Surgery

Medical School: LSU Health New Orleans; Residency: LSU Health New Orleans

#### AMIT CHAWLA, MD

Vascular Surgery

Medical School: LSU Health New Orleans; Residency: LSU Health New Orleans

#### KATRINA GLEDITSCH, DO

Emergency Medicine

Medical School: Philadelphia College of Osteopathic Medicine; Residency: Medical College of Georgia; Fellowship: LSU Health New Orleans

#### **HOONBAE JEON, MD**

Transplant Surgery

Medical School: University of Korea College of Medicine; Residency: University of Korea College of Medicine; Fellowship: University of Ulsan, Korea; Mount Sinai School of Medicine, New York; Albert Einstein Medical Center, Pennsylvania

#### HANNAH MEDDAUGH, MGCS, CGC

Genetics

 $Postgraduate: University\ of\ Wisconsin-Madison$ 

#### AMANDA MESSER, MD

Inpatient Pediatrics

Medical School: LSU Health New Orleans; Residency: LSU Health New Orleans; Fellowship: Baylor School of Medicine

#### CARLNETTA RABB, DNP, NP-C

Pediatrics

Postgraduate: LSU Health New Orleans

#### SARAH M. SCHEUERMANN, MN, NP

Pediatrics

Postgraduate: University of South Alabama

#### RAE SMITH-PEART, MD

Emergency Medicine

Medical School: Tulane University School of Medicine; Residency: University of Texas Southwest Medical School

#### MOLLY SONENKLAR, MD

Emergency Medicine

Medical School: Ben-Gurion University of the Negev; Residency: Tulane University School of Medicine

#### MARK STALDER, MD

Plastic Surgery

Medical School: LSU Health New Orleans; Residency: LSU Health New Orleans; Fellowship: Nicklaus Children's Hospital

#### **CHELSEA YODER, CRNA**

Anesthesiology

Postgraduate: LSU Health New Orleans

## Safe and Secure

"IT WILL NEVER HAPPEN TO ME," is what many parents believe when faced with the thought that their child could be involved in a motor vehicle crash. But the statistics tell a different story. Motor vehicle crashes are the leading cause of death or injury to children and teens. While car seat safety is the best protection against injury or death, the rate of car seat misuse is alarming. In Louisiana, an estimated 96 percent of child safety seats are used incorrectly.

"Injury prevention is so important," said René Guilbeau, director of the Child Life and Creative Therapies Department at Children's Hospital. "We know that car seat safety is a problem. We have the resources to help you, and it's free!"

Every third Tuesday of the month, in conjunction with the Louisiana Passenger's Safety Task Force, Children's Hospital is now offering child safety seat checks. Certified Child Passenger Safety Technicians are providing free checks at The Parenting Center from 9 to 11 a.m. These assessments are also available for children with special needs.

#### IN LOUISIANA:

Every 12 hours there is a fatal motor vehicle crash.

Every 7.5 hours there is a crash resulting in serious injury.

Every 3 minutes there is a general crash.

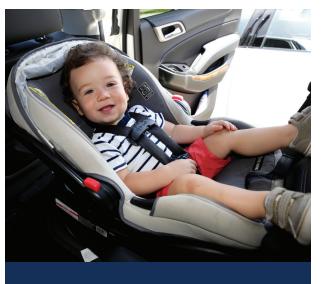
Most motor vehicle crashes occur within 2.5 miles of the home.

"We provide an assessment for the whole family," said Guilbeau. "We not only want families to be safe, but we also want the car seat arrangement to be functional."

Among many other safety checks, the technicians determine if the child has the correct seat for his or her age, weight, height and behavioral needs; if the seat is installed correctly in the vehicle; and if the child is installed correctly in the seat.

"Following the guidelines gives you the best chance of decreasing injuries or fatalities," said Children's Hospital Trauma Program Manager, Ernest Smith, a Certified Child Passenger Safety Technician. "We're taking this seriously so you can too."

For more information about child passenger safety, visit Facebook/Buckle Up Louisiana or call the Children's Hospital Child Life and Creative Therapies Department at (504) 896-9350. To schedule a child safety seat check, call The Parenting Center at (504) 896-9591. Safety checks are also available at West Jefferson Medical Center and University Medical Center.



## USING THE RIGHT CHILD SAFETY SEAT

**Birth to 12 months:** Children under age 2 should always ride rear-facing until they reach the maximum height and weight allowed by their seat manufacturer.

**1 to 3 years:** Once your child outgrows the rearfacing seat, he or she is ready to travel in a forward-facing seat with a harness.

**4 to 7 years:** Keep your child in a forward-facing seat with a harness until he or she reaches the height and weight limit allowed by the seat manufacturer. When your child outgrows the seat, he or she can travel in a booster seat in the back seat.

8 to 12 years: Keep your child in a booster seat until he or she is big enough to fit in a seat belt properly. For a seat belt to fit properly, the lap belt must lie snugly across the upper thighs, not the stomach. The shoulder belt should lie snugly across the shoulder and chest and not across the neck and face. Your child should remain in the back seat where it is safer.

## THE PARENTING CENTER OFFERS A LIFE LESSON ON APPRECIATION Raising a Grateful Child

GRATITUDE IS A QUALITY SIMILAR TO ELECTRICITY: IT MUST BE PRODUCED AND DISCHARGED AND USED UP IN ORDER TO EXIST AT ALL. — WILLIAM FAULKNER

**DURING THE HOLIDAYS,** many of us find ourselves caught up in a whirlwind of activities that uproot us from what keeps us grounded. Parents often find themselves wondering if their children are truly grateful for the blessings they enjoy. Are there things we can do to raise a grateful child?

Many parents want to instill their children with a sense of contentment and appreciation for what they have. Wendy Mogel's book, "The Blessing of a Skinned Knee" offers advice to avoiding the pitfalls that create a sense of entitlement. Parents are often understandably dismayed and even angered when children plead and whine for "stuff." But Mogel points out that how we deal with our child's desires is much more important than shaming our child for desiring things in the first place. Rather than scold a child for acting "spoiled," a parent can simply give a calm "no" to the request. They can then resist giving in to pleas or protests from their child by reminding themselves that they are helping to teach self-control and the ability to cope with disappointment.

Even during the preschool years, a discussion of Needs versus Wants helps a child begin to identify what is most necessary to be happy. A parent can make it clear that family members will get their basic needs met, but will certainly not get every material object or experience they long for. A mother might respond to a request by saying, "I know you want that dress; it's very pretty. But you don't need a new one right now." This logic won't eliminate a protest, but it does begin to help children understand this important distinction.

Parents should make sure they model the gratitude they want to cultivate in their children. Mention to your son or daughter the non-material pleasures of your day, such as a taking a walk in the park, or enjoying a sunset. Try to refrain from using shopping as the preferred family recreational activity. Be wary of speaking enviously about

a friend's more lavish lifestyle. Occasionally mention how you delay gratification yourself: "I like these shoes, but I think I'll wait until they're on sale in a couple of weeks." Encourage your child to save for something he wants, even if it's something you could afford to buy for him. Things that are obtained easily and frequently are much less appreciated, and when the occasional treat is offered, it is often much more treasured.

Research indicates that developing
a sense of gratitude requires us to be
intentional about it. Christine Carter,
a sociologist and author of "Raising
Happiness: 10 Simple Steps for More
Joyful Kids and Happier Parents"
asserts that gratitude is a skill that
must be learned. To develop this
capacity, Carter suggests children
(and their parents) discuss three good
things that occurred during their day at
dinner or bedtime. A family "gratitude
list" can be put on the refrigerator where

people can add to it. She also recommends that families do "appreciations" by stating something they value about other family members at the dinner table. Children can be encouraged to put their appreciations in writing with a letter to a special family member or teacher.

Grateful people are often people who are also altruistic and compassionate. To strengthen all those qualities, parents might think about acts of service they can do as a family. Picking up trash on the playground; doing a chore for an elderly neighbor; collecting clothes, toys or school supplies for local charity drives are all ways for young children to begin seeing themselves as people with something to offer, not just consumers of what adults provide them. The holiday season is a wonderful time to think about ways to help our families become more mindful of what we have to be grateful for and how to express that gratitude to each other and our community.



## GHOULS, GOBLINS AND GHOSTS, OH MY!

Boo at the Zoo 2017 took place over two weekends in late October. Kids and families enjoyed Boo at the Zoo's iconic attractions, including Trick or Treat Lane and the Ghost Train ride as well as meet and greets with the New Orleans Pelicans Dance Team and The Louisiana Ghostbusters. The event provided plenty of entertainment for revelers, including Dancing Drum and Gal Holiday and the Honky Tonk Revue on the Toddler Area Stage and Jared Sampson and the Super Stars, Pop Princesses and Scallywag Pirates on the Main Stage. The nearly sold-out event hosted hundreds of little trick-or treaters and their families, and benefited both Children's Hospital and Audubon Zoo.

## JAZZ HALF MARATHON HITS THE HIGH NOTES

Runners, joggers and walkers from across the country gathered at Lafayette Square in downtown New Orleans for the ninth annual Jazz Half Marathon and 5K on October 28. Benefiting the Cancer Program at Children's Hospital, this year's effort was a resounding success, bringing in more than \$225,000.

Participants followed a scenic course through the streets of New Orleans, then celebrated at the finish line with the always-anticipated post-race party sponsored by AllFax Specialties.

Music was provided by The Danny Alexander Blues Band and Amanda Shaw. Congratulations to all participants on completing the half marathon and 5K.







## ANNUAL BLACK AND GOLD PEP RALLY KICKS OFF SAINTS SEASON

Children's Hospital knows how to celebrate the start of football season the right way. On Monday, September 11, employees, patients and families enjoyed a picnic lunch, provided by the hospital, to kick off the start of one of the most exciting times in the city. A few special visitors made their way to the hospital to help everyone get into the Black and Gold spirit. The Saints Super Fans, including the Beadman, Dat Ref, Whistle Monsta and Mack the Quack, made an appearance to visit with our CHNOLA Saints fans. Donations were collected at the pep rally to benefit Texas Children's Hospital,



which was affected by Hurricane Harvey. Because the pep rally took place on September 11, a moment of silence was held to remember those lost 16 years ago in the terrorist attacks. The pep rally was a great opportunity for the Children's Hospital family to enjoy food, fun and fellowship and cheer the Saints on to victory.

#### CHNOLA CELEBRATES OUR PEDIATRIC NURSES



The week of October 2 – 6, Children's Hospital celebrated its nurses during Pediatric
Nurses Week. In conjunction with the theme,
Explore Your Passion for Pediatric Nursing
Care, nurses livened up their units with
jungle décor. Throughout the week nurses
wore safari and animal attire and attended
special events in their honor, including a
free lunch, massages and Healing Touch,
and an ice cream social. Children's Hospital
is appreciative of its dedicated nurses who
provide exceptional, loving care to all their
patients daily.

# MATTHEW GOODWIN'S HANDLE ON HYPERTENSION Calm Under Pressure

Fifteen-year-old Matthew Goodwin is not easily rattled — not by his schoolwork, not by his social life and not by his 10-year battle with severe hypertension. With a turbulent health history that might easily break some, Matthew forges ahead with confidence, determined to turn his struggle into a life-saving lesson for others.

## IT WAS AN EARLY SPRING MORNING IN 2007 WHEN 4-YEAR-OLD MATTHEW, plagued

by recurrent strep and ear infections, underwent a routine procedure to remove his tonsils and adenoids and place tubes in his ears. Although the surgery went well, the recovery lasted longer than anticipated. The Goodwins had no reason to believe they wouldn't be returning home as expected. When Matthew began vomiting blood, the Goodwins were told that he was reacting poorly to the anesthesia. When the vomiting didn't stop, Matthew was transferred to a nearby Baton Rouge emergency room. Doctors and nurses continued to suspect the vomiting was due to the anesthesia, and he was held in the emergency room for observation.

Matthew's blood pressure was not taken at the time. "It was not standard procedure in early 2007 to take blood pressures in young children in all emergency departments, unless they were trauma patients." said Celeste Goodwin, Matthew's mother. "When I think about it now, it makes me shudder."

By 8 p.m., Matthew showed no signs of improvement, and he was admitted for fluid intake and overnight observation. "The decision to admit Matthew that night saved his life."

It was midnight before Matthew was established in a hospital room and a nurse took his vitals. His blood pressure, she discovered, was alarmingly high. The reading was the same on the three different machines she tried: 195/135. Matthew was asymptomatic, showed no signs of what can be expected from someone with a sky-high blood pressure. The doctor told Celeste that, in rare cases, anesthesia can cause a rise in pressure and that it should start to come down soon. It didn't.

"I didn't know enough about hypertension in kids," said Celeste. "I thought it was something old people got. I didn't know the danger he was in and blindly trusted everything we were hearing."

With Matthew's pressure holding steady at a dangerously high level, he was soon consulted by the hospital's intensivist.

"He told us we don't have a whole lot of time to determine what's causing Matthew's hypertension," said Celeste. "He mentioned cancer, a brain tumor, kidney disease. I was

shocked. 'What are you talking about?,' I asked him, and he was very blunt, 'With severe hypertension,' he said, 'Matthew was at risk for stroke or death. If we don't act fast, he could go into cardiac arrest.'"

Matthew was swiftly transferred to the pediatric intensive care unit (PICU).

Celeste was stunned. "I was trying to process what was happening. My whole world flipped. Twenty four hours ago, I brought my little boy in for tubes and tonsils. Now we were in the PICU, and I could lose him."

Celeste rarely left Matthew's side as the PICU team performed a number of scans and tests to determine the cause of his severe hypertension. They began to administer medication to reduce his pressure while potential causes were ruled out. Eventually, doctors noticed he had an abnormal-sized kidney and focused on possible renal issues. The exact cause, however, could not be pinpointed. One week later, with Matthew's condition steadily declining, he was transferred to Children's Hospital. Within 24 hours, the Goodwins had a definitive diagnosis.

"Matthew presented with severe hypertension," said Diego Aviles, MD, pediatric nephrologist, director of Children's Hospital's dialysis and transplant program and chief of LSU Health's Division of Nephrology. "Initially we diagnosed him with renal artery stenosis. There was a substantial narrowing in one of the arteries that supplies blood to his kidneys. In younger patients, one of the most prevalent causes of high blood pressure are problems with your kidneys."

Dr. Aviles adjusted his medication and recommended a balloon catheter procedure to expand his artery. But first, Matthew needed to return home to recover and gain strength.

"It was such a relief to have a diagnosis," said Celeste. "The intense blood pressure swings ravaged his body. He looked like a little wet towel. Within a week, his pressure was staying consistent, and we were on the right track. But our whole world had changed. Before, my husband Billy and I were living the dream with two seemingly healthy children. Now we had a child with restrictions, who required three different blood pressure medications and constant monitoring."



Left: Diego Aviles, MD; Above: Matthew between classes at Parkview Baptist School

The balloon procedure was performed in April 2007, and his blood pressure improved.

At a young age, Matthew showed an impressive ability to take charge of his health. He learned how to check his blood pressure, take his medication and monitor his sodium intake.

When he started kindergarten at Parkview Baptist, he left quite an impression on the lunch ladies.

"He knew his sodium thresholds, and he did what he had to do," said Celeste. "From day one, he has actually helped us, and it's been an incredible partnership ever since."

Hypertension is known to be a significant factor contributing to morbidity and mortality in the United States and many other countries. The long-term complications in children with hypertension can be substantial.

"A secondary etiology of hypertension is much more likely in children than in adults," said Dr. Aviles. "In general, the younger the child and the higher the blood pressure, the greater the likelihood that hypertension is related to an identifiable cause. The actual prevalence of clinical hypertension in children and adolescents is just over 3 percent. There is a higher prevalence among children and adolescents who have obesity."

Matthew's severe hypertension recurred one year following the angioplasty. Upon evaluation, doctors determined the narrowing to be too extensive for nonsurgical intervention. After consulting with a Children's Hospital transplant surgeon, Dr. Aviles recommended a kidney autotransplantation, and the surgery was scheduled two days before Christmas 2008.

"We told ourselves we could give up this one Christmas so we could have a lifetime of Christmases," said Celeste. "Matthew could barely walk to the bathroom. His

According to new guidelines from the American Academy of Pediatrics, children should have their blood pressure measured and recorded at every well-child visit. More than 75 percent of children with elevated blood pressure go undiagnosed.

quality of life was near nothing."

The December 23 surgery went "beautifully." Matthew's kidney was surgically removed, the arterial stenosis cut out, and his kidney was reimplanted in a lower location using the remaining artery. He was discharged on New Year's Eve.

Matthew was never quite out of the woods. Although he no longer needed blood pressure medication, he remained on a strict diet and under constant monitoring. Illnesses that most children could easily overcome frequently sent Matthew to the emergency room. To add to his condition, kidney stones became another struggle he had to endure.

In 2009, scar tissue that had developed in Matthew's bladder caused painful hydronephrosis, a condition in which urine accumulating in his kidney was not able to drain into his bladder. This led to another difficult and invasive surgery. It was a tough one for 7-year-old Matthew to recover from. As Celeste sat by his bedside watching her little boy sleep, she saw a tear roll down his cheek.

"Matthew never complained, never asked 'why me?' He was brave and wonderful," said Celeste. "But sometimes you just want your child to cry. When I saw him cry in his sleep, saw his vulnerability, it broke my heart. I had a mom moment."

Celeste pulled out her laptop and began to research pediatric hypertension. "The numbers scared me. Two million kids are walking around with undiagnosed hypertension."

Matthew's tear incited a new quest for the Goodwin family.

Determined to advocate for children with hypertension, they founded the National Pediatric Blood Pressure Awareness Foundation in 2009. The foundation's goal is for all children to start having routine blood pressure readings by age 3. Shortly after pushing for more attention on the issue, April was declared Pediatric Blood Pressure Awareness Month in

was invited to sit on an American Academy of Pediatrics subcommittee to share her parent/patient perspective on the importance of blood pressure checks in children and adolescents. After bi-monthly discussions with medical professionals across the country, the Academy recently established new guidelines for screening and managing high blood pressure in children at annual well-child visits. These guidelines will simplify the process in determining whether blood pressure readings are within normal parameters.

"Level have died from high blood pressure" said Matthew

"I could have died from high blood pressure," said Matthew who actively volunteers for the foundation. "If it was caught at age 3, I would have avoided so many hospital stays. It wouldn't have been so severe and in an emergent manner. I've had to deal with the effects, and I don't wish that on anybody."

In 2013, Matthew's hypertension recurred yet again. A number of tests were performed that revealed a rare condition called midaortic syndrome. There is significant narrowing of

his aorta, undetected at the time of his initial diagnosis.

Louisiana. The organization

has helped introduce free blood

pressure screenings in several

schools and is working to make

Several years ago, Celeste

these screenings available

statewide.

"Midaortic syndrome is extremely rare," said Dr. Aviles. "It can be a significant life-changing condition and is most likely the cause of his renal stenosis.

Because of his condition, he can get narrowing of the other vessels in his body. He was so young at the time, which is why the narrowing didn't show. Now that he is really tall. it is more obvious."

Matthew's condition is not severe enough to require more extensive surgery as of now. He remains under the watchful eye of Dr. Aviles, the Pediatric Nephrology staff at Children's Hospital and Michael Ferguson, MD, a midaortic syndrome specialist at Boston Children's Hospital.

Matthew has been admitted to the hospital roughly 30 times. But that doesn't shake him. Children's Hospital is where he feels safe and



Children with hypertension should be as physically fit as possible, drink plenty of fluids and consume a healthy, low-sodium diet. At Whole Foods Market in Baton Rouge, Celeste and Matthew shop for the family's favorite fruits and vegetables.



Pictured from left: Billy, Conner, Matthew and Celeste Goodwin

comfortable. It's where his favorite doctor and nurses care best for him. It's where he was introduced to his favorite football team, the Alabama Crimson Tide, and their coach, Nick Saban. And it's where he now visits other children, bringing toys, care packages and words of encouragement.

"I try to be as active as I can," said Matthew who closely monitors his blood pressure, heart rate, fluid intake and lowsodium diet. Now a sophomore in high school, he has enrolled in the early college program at the University of Alabama. His goal is to become a pediatric nephrologist like his hero, Dr. Aviles.

"I hope I can be someone like Dr. Aviles," said Matthew.

"He's always there for me and knows what is best for my body.

He's done so much for me and my family. I feel like I owe it to medicine to follow in his footsteps."

"Matthew is a patient that you wish you had more like," said Dr. Aviles. "He's very engaged in his condition — a smart kid with knowledge and interest in medicine. I praise his family for their role and efforts in making hypertension in kids better

recognized in the state and the country."

When asked how Matthew stays calm under pressure, he points to the blessings he's been graced with: his family, his friends and his faith. He shares how important his education is to him, not only in understanding his health but also in preparing for a future career in medicine. With pride, he talks of the Goodwin's ongoing efforts to increase awareness of pediatric hypertension and save kids like him from the effects of a missed diagnosis.

"Mom always said something good will come out of this," said Matthew. "And I've seen so much good already."



#### THE REMEDIOS DOCTORS OF CHILDREN'S PEDIATRICS

# All in the Family

YOU CAN SEE IT IN THE TWINKLE OF THEIR EYES. You can feel it in their gentle touch. You can hear it in the playfulness of their voice. It's a love of children that has been passed down — from one father to his own children.

Otto Remedios, MD, has been a practicing pediatrician for 37 years, and while building a patient base that now spans two generations,

he has also raised two children who are following in his footsteps. Paul Remedios, MD, and Isabel Remedios, MD, have chosen a path similar to their father's. The three Doctors Remedios are pediatricians with Children's Pediatrics.

"Dr. Remedios Sr.
has taken great care
of my kids," said Matt
Groninger, vice president
of Ambulatory Services
at Children's Hospital.
"It's neat to have him
and his family not only
play a personal role in
my family, but also be
an integral part of the
Children's Pediatrics
family. Taking great
care of kids is a family
business for them, and



Pictured from left: Drs. Isabel, Paul and Otto Remedios at a recent Saints home game.

I'm so glad we can support them."

Founded in 1998, Children's Pediatrics is a growing group of pediatricians across the greater New Orleans area. A wholly owned subsidiary of Children's Hospital, the group is managed by the hospital and practices under its policies and procedures. More than 40 thousand children visited one of 35 Children's Pediatrics pediatricians in 2016. These children and their families benefit from the close ties the doctors have to Children's Hospital's network of subspecialists.

"There's a child in me that hasn't grown up," said Dr. Otto Remedios who practices at the group's Kids First Westbank clinic. "I like to switch roles when communicating with children and their parents. It can be quite challenging to diagnose illness in children. But it's also a great opportunity to effect change in a growing population."

The mission of Children's Hospital is to not only take care of kids when they are sick, but also find ways to improve their general health and well-being. "We are fortunate to have a first-class hospital with a robust network of pediatric specialists dedicated to taking care of kids in our community, but our goal is to keep kids healthy and out of the hospital. This happens at the primary care level,"







said Groninger. "We will continue to strengthen this element of our business. Through Children's Pediatrics and our network of referring pediatricians and specialists, we are well positioned to keep kids in our communities healthy."

As Paul Remedios, MD, grew older and became more focused on a career, the topics at the dinner table shifted from what he was learning in school to career options to specifics about pediatric medicine. He didn't start out, he admits, wanting to be a pediatrician like his dad. But as he learned more about the specialty in medical school, he was drawn in.

"Kids are always excited and raring to go," said Dr. Paul Remedios who treats patients at the two Napoleon Pediatrics locations. "They are so resilient and rarely know how sick they are. They make my job rewarding." After training with Children's Hospital specialists, Dr. Paul Remedios joined Children's Pediatrics. "I trained with great physicians at Children's Hospital. There is a comfort level knowing the quality I get through my connections there."

There are 13 Children's Pediatrics offices throughout the Greater New Orleans area. And Children's Hospital continues to extend their reach into communities with limited access to convenient, quality primary care for children.

"We're in this together. It's a partnership," said Groninger. "We know there are areas where kids are underserved. We're looking to fill the gaps on where patients aren't being cared for."

Isabel Remedios, MD, knew early on that a career in medicine was in her future. "Dad always loved being a pediatrician. He was very fulfilled. I wanted to do something that fulfilled me as much."

After medical school and residency, Dr. Isabel Remedios recently joined her father and brother at Children's Pediatrics. She's now practicing at their River Ridge and Laplace locations.

"I like developing a relationship with the families and watching kids grow over time," said Dr. Isabel Remedios. "It's a great opportunity to teach and connect with people. Now that Paul, Dad and I are in the same group, we talk often and bounce ideas off of each other."

The Remedios family talks every day. Otto, Fae — jokingly referred to as the "MD," Mother of Doctors — Paul and Isabel, although no longer under the same roof, frequently find ways to maintain their close ties. They share stories over family meals, like Fae's Tandoori Chicken, crawfish boils, or Otto's grilled Green Egg specialties. They gather for football games and take family vacations together.

Like the Remedios family of physicians, Children's Hospital continuously works to strengthen its connection to the community. Through programs like Children's Pediatrics, clinics across our state, and outreach efforts that deliver care beyond the hospital, Children's Hospital is building a healthier future for families.

"Our mission is to take care of all children as if they are our own. That means regardless of the family's ability to pay or where they live. In order to do that, we need to continue to find ways to make access to our first-class providers more convenient," said Groninger. "I don't know too many relationships outside of a child's family that are as important as the relationship with their pediatrician. We are fortunate to be able to partner with pediatricians, like the Remedios family, who value those relationships, striving to make a positive impact on the health and well-being of our kids...our future."

### BUILDING A HEALTHY FUTURE FOR KIDS

## Helping Hands

## CHAMPIONS OF CHILDREN'S

The inaugural Champions of Children's celebration was held August 23 in the hospital's auditorium. The event, which will become a regular occurrence, welcomed generous donor groups to the hospital for an update on our services and programs, as well a look ahead to the future of our campus with the transformative expansion and renovation project currently underway. In addition to the hospital report, guests participated in a fun activity with patients and were photographed with hospital leadership.

Over \$150,000 in donations was represented from generous friends like Delta Fraternity, Maritime Risk Claim Solutions, The ALBC Youth Fishing Tournament, Smoothie King, Take 5 Oil Change, Aqua Aces Diving Club, Together Making Changes and the Slidell Knights of Columbus. Without the support of our friends in the community, Children's Hospital would not be where we are today — staying ahead of medical advancements and rapidly increasing the size and scope of pediatric care available to the families of the Gulf South. We are most grateful to all who generously contribute to our mission, recognized as our Champions of Children's.







#### **TULANE UNIVERSITY DANCE MARATHON**



It was a banner year for the Tulane Dance Marathon. Nearly 300 students packed the Kendall Cram & Qatar Ballroom on campus for an evening of dancing, food and fun. This was their most successful year to date, raising nearly \$35,000 for the hospital.



#### WALMART AND SAM'S CLUB CAMPAIGNS AND GOLF



This year, Children's Miracle Network Hospitals and Walmart/Sam's Club celebrated 30 years of partnership raising money for hospitals across the country. Since 1987 Walmart/Sam's Club has donated nearly \$6 million to our hospital. This year, the six-week campaign will boast a \$205,196 contribution thanks to the hard work and generosity of Walmart and Sam's Club associates and their customers. The 5th Annual Walmart Golf Tournament, hosted by Gulfport Walmart Supercenter, was held at Windance Country Club and raised over \$12,000 for Children's. Thanks to all of our sponsors including Tony Chachere's Creole Foods, Polk's Meat and Mugshots Grill & Bar.



#### LOVE'S TRAVEL STOPS CAMPAIGN



It was a successful year for the Miracle Balloon Campaign at our three local Love's Travel Stop stores. The travel stops, located in Gulfport, Biloxi and Poplarville, Miss., raised more than \$22,000 in donations for Children's Hospital. Special thanks to all employees and customers who helped make this the biggest campaign year to date.



#### MARRIOTT AUCTION AND GOLF

Marriott Worldwide Business Councils New Orleans raised more than \$138,000 for Children's Hospital through their annual auction and golf tournament. The auction, October 13 at the New Orleans Marriott's Riverview Room, featured hor d'oeuvres, cocktails and jazz music by The James Martin Band. Over 170 hotel stays around the world, jewelry and art were up for auction. The golf tournament, November 6 at English Turn Golf & Country Club in New Orleans, treated over 100 golfers to breakfast, food on the course and a BBQ catered by Marriott property restaurants and Drago's Seafood & Restaurant.

#### **VALERO FOUNDATION**

Children's Hospital was honored to receive a very generous grant from Valero Foundation to further the hospital's development and expansion of our Neurosciences service line. The \$85,000 grant will help fund ROSA, a surgical robot that will revolutionize our ability to treat epilepsy patients. With this purchase, Children's Hospital will be the first hospital in Louisiana with ROSA robotic technology.



#### **LCPA KICKBALL**

The 5th annual Kick It to Cancer! Kickball
Tournament took place September 28
at City Park. Organized by the LCPA New Orleans chapter's Emerging CPA
Committee, the tournament encouraged
participants from local accounting firms
and companies to have fun while raising

funds for Children's Hospital's Cancer Program. This year's tournament included 11 teams and raised an incredible \$4,585. The committee would like to thank Entergy and Abita Brewing Company for their support with the event.



#### FIRST ANNUAL BATTLE OF THE BALLS

The Italian American Society of Jefferson hosted a meatball eating contest at Gretna Fest to benefit Children's Hospital. The competition crowned Shawn Terrebonne of Marrero, La., the winner of the inaugural event. Thanks to the generosity of sponsors, a \$2,500 donation was made to the hospital.

#### **WALGREENS FASHION SHOW**



Sixteen patients were transformed into models for the annual Walgreens Fashion Show held in the hospital's auditorium.
The red carpet was rolled out for them as they

received hair and make-up styling by local professionals and their choice of clothes to wear down the runway. The show was emceed by the hospital's treasured friend and WDSU Chief Meteorologist Margaret Orr, and Miss Louisiana 2017, Laryssa Bonacquisti, was on hand to meet the participants.

#### **9TH ANNUAL MIN-DAY**



Each year family and friends of Mindy Elizabeth Guidry, former patient of Children's Hospital, gather to celebrate her life and raise money to support the Cancer Program at Children's Hospital, as well as the Sarcoma Foundation of America. The 9th Annual Min-Day event was held at Rock'n'Bowl on October 22. In addition to live entertainment provided by GROOVY7, attendees were treated to a variety of food and drinks, a face painter and a silent auction.



#### **PEOPLE READY**

In their annual golf outing, held October 6 at the Tournament Players Club, People Ready raised \$6,000 for Children's Hospital. Participants filled the course and competed in Longest Drive, Closest to the Pin and Hole in One contests. The golfers also made a wonderful donation of toys for the patients at the hospital.

#### **MEMORIALS & HONORS**

**MEMORIALS** 

(June 1, 2017 – October 31, 2017)

Kaiyah Imani Alexander

Monique Chachere

Molly Durnien

Lily Hannigan

Kristi LeBlanc

Project Lazarus

Steve Rivera

Patricia Shoemake

Andrea Sokolich

Andrew & Molly Vatterott

Lynn G. Anderson

Micheline Cazayoux

Dean Shrable

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Micheline Cazayoux

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Leah Marucci

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Jim & Diane Bruno

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Chad Courrege & The LCMC Human

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Philip & Roberta Gattuso

Amy Gina Galloway Chelchowski

The Dulin Family

The Mitchell Family

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Ellen Katz

Symphony Chorus of New Orleans

Lloyd Adolph Constans, Jr.

Dusty & Lisa Goforth

David Daniel Dunbar

Micheline Cazayoux

Dean Shrable

Ophelia J. Edwards

Lucille Grayes

David Eisert, Jr.

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Philip & Roberta Gattuso

Salvador Joseph Federico

Gene Pereira, Jr.

Michael Charles Flesch

Family of Larry Styron

Shirley Mae Bealer Francisco

David & Crystal Naiman

**Gula Guillory** 

Roy & Sandra LeBlanc

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Karen Perkins Hall

Alicia Franck

John ("Rushee") Harris, II

Luel Lodato

Florence Lawrence Hatch

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Jennifer, Larry, Kyle & Dylan Rome

Dolores B. ("DeeDee") Wall

Jimmie B. Van Valkenburgh

**HONORS** 

(June 1, 2017 - October 31, 2017)

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Adele M. Bulliard

Harrison Ducote

Leonard Armand

Shari Bouy

Ken Bowers

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Rachel Mumphrey

David & Ramona Slagle

Evan & Jenna Smith

Ardell Snook

Kent & Linda Sylvester

Nedra Gross Walker, Reign & Anthony

Gregory C. Feirn

Institute of Healthcare Executives &

Suppliers

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Chip & Diana Mann

**Brittany Lafitte** 

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Marie R. Scallan

Alice R. Vales Mason Maenza

JeanLuc & Marlene Albin

Mikayla Maenza

JeanLuc & Marlene Albin

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Mr. & Mrs. Ryan Dwyer

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Katie Gilly

Charlie Navarro

Mr. & Mrs. Edwin O. Schlesinger

Zoe Friedlar

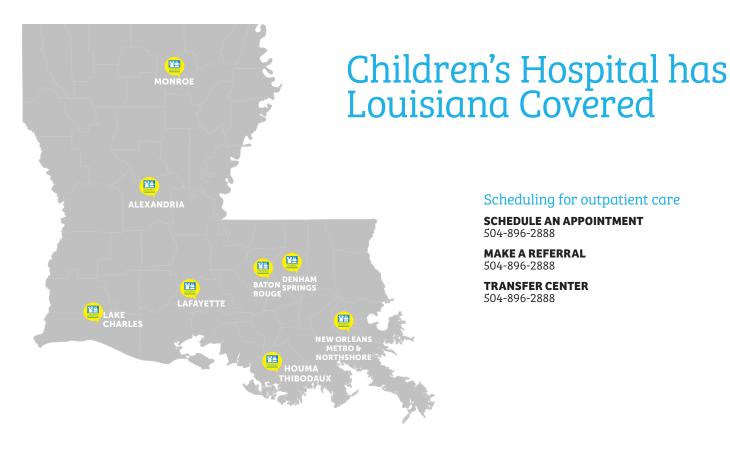
Bert Kaufman

Charles & Lise Kaufman

Mary Katherine, Mark & Lulu

Kaufman





#### Scheduling for outpatient care

#### **SCHEDULE AN APPOINTMENT**

504-896-2888

#### **MAKE A REFERRAL**

504-896-2888

#### TRANSFER CENTER

504-896-2888

#### PROVIDERS BY DEPARTMENT/SPECIALTY

#### ADOLESCENT MEDICINE

Pasternak, Rvan Naranjo, Brooke, NP Pierre, Diedre, NP

#### ALLERGY/IMMUNOLOGY

Ochoa, Augusto Paris, Kenneth (L) Sorensen, Ricardo (M) Wall Luke (BR,C) Wisner, Elizabeth (M)

#### **AUTISM CENTER** Boggs, Koren

Kamps, Jodi

#### **BEHAVIORAL HEALTH**

Hanna, Jamie Williams, Andrew

#### **CARDIOLOGY**

Brumund, Michael (C, DS) Gajewski, Kelly (C) Lilje, Christian (C) Mallula, Kiran Samples, Stefani (C) Sernich, Steffan (C) Siwik, Ernest Stopa, Aluizio  $^{(C,H,T)}$ 

#### **CARDIOTHORACIC SURGERY**

Caspi, Joseph Dorotan, Jaime Gottlieb Sen. Danielle Pettitt, Timothy

#### **CHILDREN AT RISK EVALUATION (CARE) CENTER**

Jackson, Jamie (BR) Mehta, Neha (BR,C) Wetsman, Ellie Troy, Anne, NP (BR)

#### **DERMATOLOGY**

Boh, Erin Gerdes, Michelle Poole, Jeffrey

#### **ENDOCRINOLOGY**

Chalew, Stuart Felipe, Dania Gomez, Ricardo (BR,C,M) Tieh, Peter  $^{(BR,M)}$ Finger, Laurie, NP (BR,C)

#### **GASTROENTEROLOGY**

Alonso, Elizabeth (BR,C) Arias Patricio (L) Brown, Ravnorda (BR, M) Hyman, Paul Keith, Brent Rosenberg, Allan (M)

#### **GENERAL SURGERY**

Yu, David (C)

#### **GENETICS**

Lacassie, Yves Marble, Michael  $^{(LC,T)}$ 

#### **HEMATOLOGY/ONCOLOGY**

Gardner, Renée (LC) LeBlanc, Dana Morrison, Cori Prasad, Pinki Velez, Maria (BR) Yu Lolie

#### **HOSPITALIST REFERRALS**

English, Robin Hescock, Jav Messer, Amanda Murphy, Megan Prudhomme, Amy Reilly, Leslie Sandlin, Chelsey Sarker, Shubho

#### INFECTIOUS DISEASE

Beque, Rodolfo

#### **NEPHROLOGY**

Ashoor, Isa (BR) Aviles, Diego (BR,C) Straatmann, Caroline (C)

Deputy, Stephen Gautreaux, Jessica (BR,C,L,M) Rao, Rashmi (BR,C) Tilton, Ann Toler, Jeremy (BR,L) Weimer, Maria (M) Wona, Joaquin Lacaze, Kristina, NP (BR) McCain, Jennifer, NP (C)

#### **NEUROSURGERY**

Roberts, O.A. (C,L) Volk, Jerome (L,M)

#### **OPHTHALMOLOGY**

Ellis, Jr., George (M) Eustis, Sprague Leon, Alejandro (M) Baham, Leonard, CO, COMT (M) Pritchard, Cynthia, CO,  $COT^{(M)}$ 

#### **ORTHOPEDICS**

Accousti, William (BR, M) Faust, Donald (Hand) Faust, Katherine (Hand) Gargiulo, Dominic (BR,L) Gonzales, Tony (BR,C) Heffernan, Michael (C, L, LC) King, Andrew (BR,MON) Pappas, Nick (Hand) Balamane, Kristina, PA Lago, Theresa, PA (C) Nguyen, Jessica, PA Gill, Katherine, NP

#### ORTHOPEDIC ONCOLOGY

Cable, Matthew

#### OTOLARYNGOLOGY (ENT)

Arriaga, Moises Dunham, Michael (C) Gary, Celeste Hagmann, Michael (C,M) Kanotra, Sohit (BR) Sevy, Alexander Torres, Jairo (C) Smith, Kelly, NP

#### PHYSICAL MEDICINE AND REHAR

Schultz, Scott (BR, L)

#### PLASTIC SURGERY

Lau, Frank Moses Michael Mundinger, Sol (C, L) St. Hilaire, Hugo Tessler, Oren

#### **PSYCHOLOGY**

Franz, Diane Henke, Amy Jackson, David (C) Johnson, Corrinn Kiracofe, Catherine Lewis, Courtney Niemeier, Michelle Rothbaum, Rebecca Walker, Mayling

#### PULMONOLOGY

Edell, Dean (A) Levine, Stephen (C) Dupre, Lyndi, NP

#### **RADIOLOGY**

Arcement, Christopher Congeni, Jane Haymon, Marie Manning, David Ward, Kenneth Wasilewska, Ewa

#### RHEUMATOLOGY

Gedalia, Abraham (M,BR,L)

#### UROLOGY

Martin, Aaron (C,L) Ortenberg, Joseph  $^{(BR,\,C,\,L)}$ Roth, Christopher (B)

#### IN ADDITION TO CHILDREN'S HOSPITAL MAIN CAMPUS, SOME **PHYSICIANS ALSO HOLD CLINICS AT OTHER** CENTERS.

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(B) - Biloxi

(BR) - Baton Rouge

(C) - Covington

(DS) - Denham Springs

(H) - Houma

(L) - Lafayette

(LC) - Lake Charles

(M) - Metairie Center (MON) - Monroe

(T) - Thibodaux



Let them know you care about what they are going through

During the hustle and bustle of your holiday season, amidst the baking, shopping and family gatherings, we ask you to pause for a moment and reflect on one, very important message: **Children's Hospital never stops.** At this very moment, our dedicated caregivers—at our patients' bedsides, in our operating rooms and intensive care units, will be saving lives, healing wounds, and soothing belly aches. At this very moment, children like 2-year-old Keona, whose life was saved after a traumatic injury, will be receiving the critical care they need.

**Every day, every season,** Children's Hospital cares for kids who need us the most, regardless of their family's ability to pay or the severity of their illness. We are the only full-service hospital in Louisiana and the Gulf South dedicated exclusively to children. More than **1,900 doctors, nurses and support staff and 11,000 children** and their families will spend this holiday season in the hospital, away from the comforts of home. Let them know you care and help **Light Up The Season with...** 

# THE SEASON

To watch Keona's story visit www.CHNOLA.org/LIGHTS

### **HOPE**

Give the gift of hope and make your best gift by Dec. 31, 2017 to the Kids Fund. Your donation will be put to work immediately to support the most pressing needs of our hospital, from purchasing life-saving equipment to funding cutting-edge pediatric research.

### JOY

Along with your gift, write a message of encouragement to our patients, their families and our staff. Your message will be shared directly with those in most need of holiday cheer.

### LOVE

to consider Children's Hospital by sharing your message of hope on social media with the hashtag #LightUpCHNOLA.



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