

# SmallWorld

Healing, Teaching, Discovering

Winter 2015/2016

# Something to Smile About

Ella Bourg undergoes groundbreaking craniofacial surgery

## **Surgical Technology**

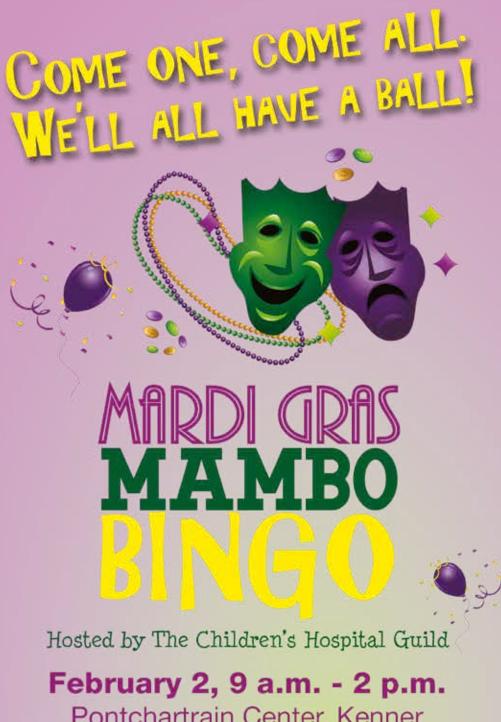
Children's Hospital invests in the best

## **Happy Babies**

The Parenting Center supports new moms

## **Jazz Half Marathon**

Race raises \$350,000 for cancer program



Pontchartrain Center, Kenner

Tickets: \$42 Guild Members • \$46 Non-Members



- Celebrity Bingo callers
- Parade of prizes
- 3-course meal
- Festive fun!

Processes beneath Cambridge Hospital.





Children's Hospital's mission is to provide comprehensive pediatric healthcare that recognizes the special needs of children through excellence and the continuous improvement of patient care, education, research, child advocacy and management.

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## 2015/2016 V1016





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### From the President's Desk

#### Mary Perrin, President and CEO

## What sets us apart

As the only freestanding children's hospital in the community, our sole focus is on kids. Why is this important for our patients and their families? Because we offer services that are so specialized, no other facility can claim them. It's what sets us apart that makes us the very best option for children.

#### Multidisciplinary approach to care

Pediatric health issues often involve multiple specialties. With more than 400 specialists on our staff, Children's offers a complete range of care under one roof. Our team of doctors collaborates on treating the unique needs of each child. Patients in our Cleft Lip and Palate/ Craniofacial Program, for example, can see not just one physician, but an entire team of up to a dozen specialists in one visit to our hospital. From the surgeon to the otolaryngologist, from the neurologist to the geneticist and speech and hearing therapists, each member of the team is evaluating the development of the patient and meeting regularly as a group to discuss his or her progress. Because this standard of care is highly resource intensive, no other facility in the state can deliver it. At Children's, we invest in these resources because we know it's in the child's best interest.



#### Pediatric specialists

Physicians who have trained and spent their entire career taking care of children understand how illnesses and symptoms are influenced by a patient's age and size. Our expert subspecialists recognize the importance of developmental phases, can better evaluate a child's issue, diagnose it quicker and form the most appropriate treatment plan. They have much more experience with childhood diseases because they see them more often than adult doctors. Our physicians

There are big differences in our small world, and it is in these differences that we excel in delivering the very best care to each child.

understand every aspect of a child's development and how, with time, the growth and healing process will accommodate for the child's issue. They are far more experienced at dealing with the complexities of childhood illnesses and can provide the safest, most effective care.

#### Understanding a child's mind

The psychological well-being of a child is different from the psychological well-being of an adult. Children manifest their concerns and fears in different ways. While adults are very adept at talking and expressing themselves, most children have not yet developed these skills. They need somebody who understands that, who has seen it time after time and can anticipate what's going on with the child. Our child life specialists, for example, communicate through play. The American Academy of Pediatrics affirms that child life is "an essential component of quality pediatric healthcare." There are no child life specialists at adult hospitals. We, however, embrace that concept and tailor our care to the comfort of our patients.

#### Caring for the family

With adult care, you treat the individual patient. With pediatrics, you incorporate the family. Parents know their child better than anyone, which is why they are highly involved with their care. Physicians, nurses and staff trained in pediatrics know how best to incorporate parental involvement into their histories, examinations and care plans.

At Children's we often say, "kids are not just pint-sized adults." Their developing bodies require specialized care that we take heed to, and accommodate and provide for. There are big differences in our small world, and it is in these differences that we excel in delivering the very best care to each child.

## Hospital Notes

News From Children's Hospital

## Patient tower renovations



The all-new, all-blue 2 Center and 3 Center reopened this summer after renovations to give the units a kid-friendly, modern and peaceful look. The second floor Short Stay unit and the third floor acute care unit were the first to be completed under a plan to eventually makeover all of the nursing stations and refurbish patient rooms in Children's Hospital's center tower.

## CHNOLA.org Children's Hospital launched a new and



improved www.chnola.org website this fall. New features include a more advanced Find a Doctor search, online bill pay and a symptom checker. All of the hospital's service and program pages were redesigned to be more user-friendly and easier to navigate. The new look reflects the Children's Hospital identity more so than ever before with more than 200 photos featuring our patients and programs.



## Children's Hospital celebrates 60 years

2015 marks the 60th anniversary of the founding of Children's Hospital. When it first opened its doors in 1955, the hospital was named Crippled Children's Hospital and served as a rehabilitation hospital for handicapped children. The facility held 50 beds, was 39,000 square feet, and cost more than \$1.2 million to construct. The medical staff was comprised of approximately 100 New Orleans physicians. By 1959, the average stay for a patient was 60 days, and the cost of patient care was \$20 a day.

By the mid 1970s, Crippled Children's Hospital was renamed Children's Hospital and became Louisiana's first full-service pediatric hospital. By then, the medical staff had grown to 175 members, the number of beds increased to 98, and a number of specialties, including surgical and emergency services, were added.

Children's Hospital continues to grow and remains *the* regional medical center exclusively for children. More than 400 medical staff members support the 40+ pediatric specialties offered. Although expansion plans are underway, the hospital currently holds 247 beds. A number of outreach clinics throughout Louisiana and in southern Mississippi helps to make the hospital's specialists more accessible to our patients who live throughout the region.



## Hospital names new AVP of Operations

Children's Hospital has added Ben Whitworth as the new Assistant Vice President, Hospital Operations. Whitworth comes to Children's Hospital from UF Health in Jacksonville, Fla., where he was the business administrator over Surgical/Perioperative services. He holds a Bachelor's degree in Microbiology from the University of Alabama and Master's degrees in Health Administration and Health Informatics from the University of Alabama at Birmingham. Whitworth will lead support services and community programs at Children's Hospital.

## Chief Medical Officer's Message

John Heaton, MD, Chief Medical Officer

## Speak Now for Kids

In this political season, we have elected a new Governor, and the 2016 Presidential race dominates the news. While the election of new leaders has important ramifications for all of us, there is a noteworthy bill in Congress wending its way through the legislative process that is important for us at Children's Hospital.

As the only freestanding, full-service Children's Hospital in Louisiana, we care for problems across the spectrum of childhood maladies. A significant portion of our efforts is devoted to children with chronic, complex illnesses that require multiple specialists and multiple procedures only offered at a hospital such as Children's. As our ability to help children with conditions that were universally fatal a generation ago improves, the number of exceptional children that require ongoing care throughout childhood increases. Approximately one out of every 25 children, or about three million children nationwide, are considered "medically complex." Around two million of these children use Medicaid to access care, and while they represent only six percent of the children covered by Medicaid, they represent 40 percent of the total cost of pediatric care. Regardless of the payor, delivering the right care, at the right time, requires all of the technical and professional skills the doctors and nurses caring for these children can muster. However, those

challenges pale in comparison to the burden placed on the parent or caregivers of these children inherent to coordinating ongoing care: multiple visits for multiple specialists, sometimes over multiple locations.

The bipartisan **Advancing Care for Exceptional Kids Act of 2015** (ACE Kids Act), among other goals, aims to improve the coordination of care by the provision of a centralized point of contact for their care. Intensive coordination of care has been demonstrated to improve outcomes in this population, by providing care designed to head off problems before

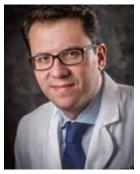
We ask that you consider contacting your U.S. Representative and U.S. Senator in Congress and ask that they consider co-sponsoring the legislation.

they result in a lengthy hospital stay, as well as eliminating wasteful duplication of services. Another important aspect is the standardization and mandating of quality and outcome reporting. Under the current system, each state has different requirements, making it difficult for us to compare our results and learn from our peers nationally. The provisions of the bill are estimated to have the potential to save \$13 billion over the first decade, when compared with the current system of care. The bill will address, on a federal level, the fragmentation of care that often occurs when a child must cross one or more state lines to receive the specialized care necessary to treat their condition.

Members of Congress from both sides of the aisle in Washington have agreed to co-sponsor this worthy and well-considered measure. Representative Cedric Richmond of New Orleans has already agreed to co-sponsor the legislation, and we have approached several other members of our delegation, who have expressed interest. We ask that you consider contacting your U.S. Representative and U.S. Senator in Congress and ask that they consider co-sponsoring the legislation. We ask that you Speak Now for Kids, so that we can better serve these most exceptional of children.

For more information, go to www.speaknowforkids.org.

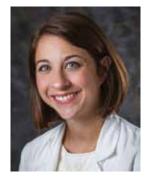
### **Meet Our New Doctors**



Patricio Arias, MD
Gastroenterology and Hepatology
Medical School: Universidad San
Francisco de Quito, Ecuador
Residency: Miami Children's
Hospital
Fellowship: Lucille Packard
Children's Hospital, Palo Alto, CA



Michael Dunham, MD Otolaryngology Medical School: Tulane University School of Medicine, New Orleans Residency: Tulane University School of Medicine, New Orleans Fellowship: Lurie Children's Hospital, Chicago, IL



Dana LeBlanc, MD
Hematology/Oncology
Medical School: LSU Health New
Orleans School of Medicine
Residency: LSU Health New
Orleans School of Medicine
Fellowship: LSU Health New
Orleans School of Medicine



Nabila Malik, DO Pediatrics/Emergency Medicine Medical School: Oklahoma State University of Osteopathic Medicine, Tulsa Residency: LSU Health New Orleans School of Medicine



Megan Murphy, MD
Pediatric Hospitalist
Medical School: Tulane University
School of Medicine, New Orleans
Residency: LSU Health New
Orleans School of Medicine



Michelle Niemeier, PhD, MP
Psychology
Professional School: University of
Texas at Austin
Medical School: Alliant International
University, San Diego



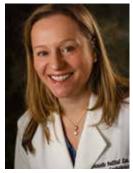
Jessica Patrick-Esteveso, MD Neonatology Medical School: LSU School of Medicine, Shreveport Residency: LSU Health New Orleans School of Medicine Fellowship: LSU Health New Orleans School of Medicine



Amy Prudhomme, DO Pediatric Hospitalist Medical School: Kansas City University of Medicine and Biosciences Residency: LSU Health New Orleans School of Medicine



H. Shae Sauncy, MD
Pediatrics/Emergency Medicine
Medical School: University of Texas
Southwestern, Dallas
Residency: LSU Health New
Orleans School of Medicine



Danielle Gottlieb Sen, MD

Pediatric Cardiothoracic Surgery

Medical School: University of
California San Francisco

Residency: Massachusetts General,
Boston

Fellowship: Columbia University
Medical Center, Boston Children's
Hospital



Shawn Stafford, MD
Pediatric Surgery
Medical School: Medical University
of South Carolina, Charleston
Residency: LSU Health New
Orleans School of Medicine
Fellowship: Children's Hospital of
Michigan, Detroit



Caroline Straatmann, MD Nephrology Medical School: LSU School of Medicine, Shreveport Residency: LSU Health New Orleans School of Medicine Fellowship: LSU Health New Orleans School of Medicine

## New doctors not pictured:

Christina Bojanowski, MD Pediatrics/Emergency Medicine Medical School: George Washington University School of Medicine, Washington, D.C. Residency: LSU Health New Orleans School of Medicine

Sara Bryant, MD
Pediatrics/Emergency Medicine
Medical School: University of
Tennessee
Residency: Tulane University School
of Medicine/Ochsner Hospital,
New Orleans
Fellowship: Miami Children's
Hospital

Amar Dave, MD
Pediatrics/Emergency Medicine
Medical School: Ross University
School of Medicine, Dominica,
West Indies
Residency: LSU Health New Orleans
School of Medicine

#### Gayatri Mirani, MD

Pediatrics/Emergency Medicine
Medical School: State University of
New York
Residency: University of Medicine
and Dentistry of New Jersey
Fellowship: New York University and
Tulane University Medical Center

Nicholas D. Pappas III, MD Orthopedics/Hand Surgery Medical School: Vanderbilt University School of Medicine Residency: University of Pennsylvania Health System, Philadelphia Fellowship: Vanderbilt University School of Medicine

Julia L. Schweizer, MD

Pediatrics/Emergency Medicine

Medical School: University of Texas
School of Medicine
Residency: LSU Health New Orleans
School of Medicine
Fellowship: University of Tennessee
Health Sciences Center

#### Robert Stewart, MD

Pediatrics/Emergency Medicine Medical School: Texas Tech University Health Sciences Center, Lubbock

Residency: Our Lady of the Lake Children's Hospital, Baton Rouge

#### Jason Turner, MD Pediatrics/Pediatric Cardiology

Medical School: University of Queensland School of Medicine, Australia Residency: LSU Health New Orleans School of Medicine Fellowship: LSU Health New Orleans School of Medicine News From Children's Hospital

## Children's Hospital Welcomes New Chair of Pediatrics

Raymond G. Watts, MD, has joined Children's Hospital as Chair of Pediatrics at Children's Hospital and Professor and Head, Department of Pediatrics at LSU Health New Orleans. Board certified in pediatrics and pediatric hematology/oncology, he brings more than 25 years of experience in academic medicine and children's health.

Watts was formerly the Hugh J. Morgan, Jr., Endowed Chair for Pediatric Hematology/Oncology and Professor at the University of Alabama (UAB) in Birmingham. A member of the UAB faculty since 1988, he has participated in nearly every facet of UAB's and Children's of Alabama operations. He is a recognized leader in clinical research in many areas of pediatric hematology and oncology, with an emphasis on hemophilia. Watts is also widely recognized for clinical excellence by selection as one of the "Best Doctors in America" from 2001 to present. A native of Louisiana and avid LSU fan, Watts is a graduate of Northeast Louisiana University and LSU School of Medicine in Shreveport.

Watts will replace Ricardo Sorensen, MD, who will remain on the Pediatric Allergy/Immunology clinical staff and LSU Health faculty.

"We look forward to Dr. Watts taking the helm in Pediatrics, continuing the development of the department that occurred under Dr. Sorensen's leadership," said Children's Hospital Senior Vice President and Chief Medical Officer John Heaton, MD. "Because of the essential importance of the 15 subspecialties that comprise the Department of Pediatrics, we anticipate a close and productive partnership that will bring Pediatrics at LSU and Children's to new heights."

## Louisiana Life and New Orleans Magazine recognize Children's Medical Staff Physicians

Congratulations to the following 2015 "Top Doctors" who were selected by their peers based on a list from Best Doctors, Inc., a company that gathers peer ratings nationwide.

William K. Accousti
Christopher Arcement
Moises Arriaga
Diego H. Aviles
John S. Barbara
Brian M. Barkemeyer
Rodolfo Begue
Brandon Black
Raynorda F. Brown
Minnie Buis
Joseph Caspi
Stuart A. Chalew
Charles C. Coleman
Jane Dileo Congeni
Randall D. Craver
Cary A. Culbertson
Stephen R. Deputy

Bonnie C. Desselle
Victoria Dimitriades
Martin J. Drell
Gary L. Duhon
George S. Ellis, Jr.
David A. Estes, Jr.
H. Sprague Eustis, Jr.
Donald C. Faust
Kelly K. Gajewski
Renee V. Gardner
Jessica R. Gautreaux
Abraham Gedalia
Ricardo Gomez
Joseph Gonzales
Clarence S. Greene, Jr.
Stephen W. Hales
Stanley M. Hall
John F. Heaton

Michael G. Heller, Jr.
Kristopher E. Kaliebe
Andrew King
George P. Koclanes
Michael Marble
Shannon McGuire
Jaime A. Morales
Mark V. Morici
Michael H. Moses
Staci M. Olister
Joseph Ortenberg
Nicholas D. Pappas III
Kenneth Paris
Duna Penn
Keith M. Perrin
Jeffrey C. Poole
Pinki K. Prasad
Dana L. Rivera

Sheryl L. Sawatsky				
Lorna M Seybolt				
Louis G. Shenk				
Ernest S. Siwik				
Sam J. Solis				
Ricardo U. Sorensen				
Rodney B. Steiner				
Sarah S. Stender				
Aluizio R. Stopa				
Ann Tilton				
Maria C. Velez				
Maria Weimer				
Ronald D. Wilcox				
Joaquin Wong				
N. Knight Worley				
Lolie C. Yu				
Scott R. Zander				

## **Babies and Beyond**

Being a good parent takes patience, experience and knowledge that often come from lessons learned by trial and error. Good parenting skills, even at the earliest stages of a child's life, have a huge impact. Through the Kohl's Babies and Beyond program, The Parenting Center at Children's Hospital is providing parents with childcare skills that promote positive parent-child attachments so children can grow up feeling loved, safe and secure.

Through the Kohl's Happiest Baby program, The Parenting Center has provided free classes to expecting parents and parents of newborns, teaching them skills to calm a crying baby. Classes are held in partnership with Touro Family Birthing Center, West Jefferson Family Birth Place, New Orleans East Hospital and Broadmoor Arts and Wellness Center, as well as at The Parenting Center locations Uptown and in Metairie. In the past two years, parent educators trained 506 parents using The Happiest Baby on the Block curriculum. The goal for 2016 is to reach over 300 parents. This outreach to new parents has provided them with the skills they need to feel competent and confident that they will be able to soothe their babies.

Kohl's commitment to Children's Hospital is made possible through the Kohl's Cares cause merchandise program. Through this initiative, Kohl's sells \$5 books and plush toys, where 100 percent of net profit benefits children's health and education programs nationwide, including hospital partnerships like this one. Kohl's has raised more than \$274 million through this merchandise program.

2016 brings an expansion to the program renaming it Kohl's Babies and Beyond. Through the program, Parenting Center educators will teach the internationally acclaimed Incredible Years curriculum to parents of babies up to one year. The emphasis in Incredible Years is on strengthening parent-child interactions, promoting attachment, reducing harsh discipline and fostering parents' ability to promote children's social and emotional development. The Incredible Years Baby program was designed by Dr. Carolyn Webster-Stratton and is aimed at specific milestones in the first year to teach parents skills that help babies feel loved and



secure, how to provide a safe environment and how to encourage babies' physical and language development. Broadmoor Community Cares and West Jefferson Family Birth Place will partner with The Parenting Center to offer the class to parents throughout the Greater New Orleans area.

"The Parenting Center has been a program of Children's Hospital for more than 34 years and is now helping a second generation of families get off to a good start," said Parenting Center Director Barbara LeBlanc, LCSW, BACS. The Kohl's Babies and Beyond classes are one of several programs offered for new families, including Snuggles and Struggles New Parent Support Group, Infant Massage, CPR and Grandparenting 101 with Touro. "Thanks to the funding from Kohl's Cares, we are able to provide free classes and support to families throughout the community."

To register for classes offered through The Parenting Center, including Kohl's Babies and Beyond, visit the Center's website at www.theparentingcenter.net.

#### 2016 Kohl's Babies and Beyond Classes

TOURO FAMILY BIRTHING CENTER			WEST JEFFERSON
Saturdays 10 a.mnoon		Tuesdays 6-8 p.m.	FAMILY BIRTH PLACE
January 9	July 9	February 15	Tuesdays 7-9 p.m.
February 13	August 13	April 11	January 12
March 12	September 10	June 13	March 8
April 9	October 8	August 8	May 10
May 14	November 12	October 10	July 12
June 11	December 10	June 13	September 13
		December 12	November 8

The first 8-session Incredible Years class will start Saturday, February 20, 10 a.m.-noon.





Watch for timely parenting topics presented by The Parenting Center staff on WWL-TV every other Tuesday morning at 8:45 a.m. Topics can be found under Parenting Resources at www.theparentingcenter.net.

## Out & About

Children's Hospital Events & Celebrations



## Children's Hospital Telethon

Another year, another seven figures! The 32nd annual Children's Hospital Telethon raised more than \$2.1 million. The event was broadcast live on WDSU Channel 6 on Saturday and Sunday, May 30 and 31. Chad Grosh, a 9 year old being treated for acute myeloid leukemia, served as this year's Telethon Ambassador. Since 1984, the Telethon has brought in more than \$30 million for Children's Hospital.



## BOO at the ZOO

Pirates and princesses and furry friends too convened in October for Boo at the Zoo. The not-to-be-missed, four-night Halloween party was celebrated by more than 17,000 children and adults at Audubon Zoo. The annual fundraiser benefiting Children's Hospital and Audubon Zoo offered a number of scary and not-so-scary attractions for kids of all ages and entertainment from many local favorites. Major sponsors included Bryan Subaru, Smoothie King, JRP New Orleans Performing Arts Academy, Dr. Jason Parker, DDS, Acadian Ambulance and Zapps Potato Chips.



## Black and Gold Pep Rally

Children's Hospital hosted a Who Dat Tailgate and Pep Rally September 15. Hospital employees enjoyed free ice cream, music, contests and visits from the Saints Super Fans.

## Calendar of Events





## **Annual Ice Cream Social and Rehab Reunion**

The hospital's Rehab Services annual ice cream social and rehab reunion is an event for current and past rehabilitation patients. The reunion was held Sept. 25 in the Children's Hospital Auditorium. Past and current patients enjoyed face painting, Bingo, activities and ice cream.

## **FEBRUARY**

Guild Mardi Gras Mambo Bingo 9 a.m. – 2 p.m. The Pontchartrain Center, Kenner

## **MARCH**

- Sugarplum Ball 8 p.m. – Midnight Old U.S. Mint, New Orleans
- 8 IHOP National Pancake Day
- Turn Services Golf Tournament
  Lakewood Golf Club, New Orleans









## Jazz Half Marathon

The Seventh Annual Jazz Half Marathon & 5K, held October 31, helped raise \$350,000 for the Cancer Program at Children's Hospital, including \$28,214 raised during WDSU's four-hour broadcast of the event. Thank you to all our runners, and congratulations to the 2015 race winners.





Dr. Hugo St. Hilaire, plastic and reconstructive surgeon at Children's Hospital, examines Baby Ella three months after a successful surgery to lengthen her jaw.

## Something to Smile About

Cleft Lip and Palate/Craniofacial Team celebrates 30 years of smiles

he Bourg family of Dularge, La., eagerly anticipated the arrival of their newest member, Baby Ella, born July 27 this past summer. Parents Nicole and Chad expected a normal Caesarian delivery of their fourth child. But Ella's birthday was everything but ordinary. Seconds after birth, Nicole sensed something wasn't right.

"I couldn't hear her cry," said Nicole moments after the delivery. "The doctors were talking like everything was fine, but I knew something was up."

As the delivery team at Thibodeaux Regional Hospital whisked Ella out of the operating room, an anxious Nicole was told that her new baby was having trouble breathing, and they were taking her away for evaluation. It was soon determined that Ella had an unusually small jaw, causing her tongue to be pushed back into her mouth blocking her airway.

A call to Children's Hospital quickly dispatched a helicopter to transport Ella to New Orleans. She was stabilized with an oral airway, which held her tongue back, allowing her to breathe.

The Bourg family present at Ella's birth quickly grew in number when news spread that something was wrong with the new baby.

"I was crying," said brother Eli, age 5. "I think it really did melt my heart the most. But I knew she was in God's hands."

Ella was laying on her belly, gasping for air when Nicole was able to touch her for the very first time. The Children's Hospital transport team soon arrived to deliver her to safety. At Children's, doctors inserted a breathing tube to keep her airway passage open, and the Cleft Lip and Palate/Craniofacial team began a treatment plan to repair her deformity.



left: The Cleft Lip and Palate/Craniofacial Team includes 19 specialists who meet regularly to review each case and coordinate treatment. right: Dr. Michael Moses and Nurse Coordinator Mary Ellen Alexander lead the Cleft Lip and Palate/Craniofacial team at Children's Hospital. The 30-year program is one of the largest in the country and a model for other interdisciplinary approaches to pediatric care.

Children's Hospital's Cleft Lip and Palate/Craniofacial Program was started in 1985 by plastic and reconstructive surgeon Michael Moses, MD. It has since grown to become one of the biggest in the country. Thousands of children, like Ella, from throughout the region have benefited from the care of the team.

"Children's was the perfect place to have a cleft team because it's the natural tertiary referral center for complicated children," said Dr. Moses. "Cleft and craniofacial cases are the epitome of complicated cases."

Now under the care of the team, Ella was diagnosed with Pierre Robin Sequence (PRS), a condition resulting in a small jaw that causes the tongue to fall back, blocking the airway. Children with PRS are also born with a hole in the palate, called a cleft.

Nicole was discharged from Thibodaux Regional just 24 hours after her surgery, and the family departed for New Orleans for the first of many trips between the two hospitals. It would be 28 long days before Ella would go home.

The first few days were agonizing for the Bourgs as doctors performed many tests to rule out other issues. PRS, more often than not, is associated with a number of abnormalities. Thankfully for the Bourgs, Ella's case was isolated. The solution to her having a normal life was to reconstruct her jaw, a procedure done by only the most experienced specialists.

"Traditionally, the way PRS was treated was with a tracheostomy," said Hugo St. Hilaire, MD, DDS, FACS, chief of plastic surgery at Children's Hospital specializing in plastic, reconstructive and craniofacial surgery. "Now we are able to better address the problem."

Through a procedure called distraction osteogenesis, a device was placed in Ella's jaw that allowed it to slowly lengthen.

"The concept is not new. I've been lengthening bones in neonates since I started at Children's eight years ago," said Dr. St. Hilaire. "What's special about Ella's case is combining surgical treatment with virtual surgical planning to predict where we want the jaw to be. We can precisely plan the surgery, where to make the cut and the application of the hardware to avoid important anatomical structures."

Using CAT scans and 3-D printers, a model of Ella's jaw was made, and custom internal distractor devices were fabricated to reconstruct her jaw. Once the devices were implanted, they were adjusted twice a day to elongate her jaw. Bourg was the first and youngest patient in the region to benefit from the combination of both technologies.

### Cleft Lip and Palate/ Craniofacial Team at Children's Hospital

Amanda Giles, MCD, CCC-A Audiology

Yves Lacassie, MD, FACMG Michael Marble, MD Regina Zambrano, MD Genetics

Demarcus Smith, IV, DDS Jeffrey James, MD, DDS Maxillofacial Surgery

Lori McBride, MD Neurosurgery

Mary Ellen Alexander, RN, MN
Nursing

Mark Coreil, DDS William Ledoux, DDS Orthodontics

Michael Dunham, MD Anita Jeyakumar, MD Sohit Kanotra, MD Otolaryngology

Claudia Cavallino, DDS Stephen Holmes, DDS Pediatric Dentistry

Michael Moses, MD Hugo St. Hilaire, MD, DDS, FACS Plastic, Reconstructive and Craniofacial Surgery

Martine Wiseman, LCSW Social Services

Patrice Haywood, Med, CCC-SPL Speech Pathology







"Our baby is going to be OK," said Nicole. "She's in God's hands. We'll go with it, and it will all work out."

The Cleft Lip and Palate/Craniofacial Program at Children's Hospital is the largest and most full-service team in the Gulf South. Each patient is treated by a number of specialists involved in their care from infancy to adulthood. And because these cases are complex, they require many different specialists to treat them.

"There are eight to ten specialists who see the child at each visit," said Mary Ellen Alexander, nurse coordinator. "Each one evaluates the child relative to what their discipline is. Most importantly, at the end of the visit, we all sit down and review the child's case so that the treatment plan can be coordinated. The key to our team is communication."

From the parents to the pediatrician to the speech therapist and the local dentist, updates are sent to everyone involved in the care of the child. Patients and their families are relieved of the burden of having to visit each specialists' office individually. More than a thousand children are under the care of the team at any given time, and their combined expertise cannot be matched.

"Treatment of cleft lip and palate and craniofacial issues has evolved over the years to include continuously emerging technologies and techniques to improve care," said Dr. St. Hilaire. "Procedures like distraction osteogenesis, which allows surgeons to lengthen facial bones to correct specific deformities, and virtual surgical planning, where a plan for skeletal surgery is made using CT scan technology, make the most complex craniofacial procedures easier to perform and more predictable in terms of their results."

According to Dr. St. Hilaire, new and better minimally invasive techniques, such as endoscopic assisted cranial vault surgery, allow the surgeon to perform procedures more effectively and with a much smaller incision. These advanced techniques result in improved outcomes, such as fewer blood transfusions, less post-operative pain, and reduced hospital stays.

Nicole traveled to Children's Hospital every day to stay with her baby girl. On some days she was able to hold her; on others she could not. Anxiety was high on day 16, when Ella was brought back to the operating room to remove the breathing tube. Sighs of relief and high fives traveled around the surgery waiting room, when the family was soon greeted with the good news that Ella was breathing easy, and on her own.

"This is what we were waiting for," said Chad who praises the doctors and nurses at Children's Hospital for showing concern for not only Ella, but also their entire family.

"They made me feel like I had a say in her care," said Nicole. "I knew she was in good hands, even though they weren't my hands."

Twenty-eight days after she was born, Ella came home for the first time to join the rest of her family. She'll return in six months for surgery to repair her cleft palate and will continue under the care of the Cleft Lip and Palate/Craniofacial Team at Children's Hospital to ensure her steady growth and good health. Although Ella's start in life was an agonizing ordeal, the Bourgs feel blessed to finally have something very special to smile about.





Isabella Summersgill, age 15, and her sister Hannah, age 17, started Cleft for a Cause, a nonprofit that raises funds for families undergoing cleft lip and palate/craniofacial treatment. Isabella was born in 1999 with a bilateral cleft palate. "Many families in our area were not able to afford the countless procedures and expenses associated with having a cleft palate. We were so lucky to be able to afford Isabella's surgeries, and we felt obligated to help those around us."

For donations or more information, visit www.cleftforacause.org.



Children's Hospital is committed to providing the best possible treatment options for patients. This is especially true of the hospital's investment in surgical technology. Within its operating rooms are highly trained and expertly skilled surgeons and the latest tools and instruments they need to carry out their work.

Pediatric patients often require more challenging surgeries. Operating within the smallest spaces calls for expert precision, with special attention to reducing negative postoperative effects. With advances in technology, more minimally invasive approaches to traditional procedures are improving outcomes.

"At Children's Hospital, we offer cutting-edge treatment and stay abreast of developments as they come," said Christopher Roth, MD, pediatric urologist. "It's about having the right tools for the right operation when the time calls for it."

In 2014, the hospital purchased the da Vinci surgical system, an alternative to both traditional open surgery and conventional laparoscopy, putting a surgeon's hands at the controls of a state-of-the-art robotic system. This equipment offers the most precise and least invasive surgical options available, and Children's Hospital is the only hospital in Louisiana and along the Mississippi Gulf Coast to have this technology dedicated solely to the care of children. Benefits of da Vinci surgery include a shorter hospital stay, less blood loss, fewer complications, less need for pain medication, a faster recovery and smaller incisions with minimal scarring.

The Children's Hospital Urology team has a combined 25 years of training on the robot and is the only pediatric urology fellowship-trained robotics program in the Gulf South. Joining them are the hospital's da Vinci-certified pediatric surgeons who also use the robot for a number of procedures. Most common uses of the system at Children's Hospital are for gall bladder removals and reconstructive urologic procedures. Nearly 100 da Vinci cases were performed thus far.

"Per patient, we can typically offer a range of surgical approaches for the same disease process," said Dr. Roth. "Having access to advanced surgical technologies allows the surgeons, our patients and their families to determine which surgical approach will allow the best outcome for all involved. Children's Hospital is committed to providing each patient the treatments that best suit them."

#### Leaders in single-incision laparoscopy

Children's Hospital pediatric surgeons have embraced the newest wave of cutting-edge techniques. In addition to robotic surgery, the team is emerging as leaders in the field of single-incision pediatric endosurgery (SIPES). Through a single port inserted in a child's belly button, a full array of procedures for intra-abdominal disease processes can be performed. Minimizing scarring and reducing pain are among the many benefits for patients.

More than a hundred SIPES surgeries have been performed at Children's Hospital since its inception in 2014. The complexity of the cases as well as the range and number of procedures position Children's Hospital as leaders in the field, a standing no other facility in the region can claim.

"With single-incision surgeries, we can perform the same operation but through a single port in the umbilicus and with no visible scar," said Evans Valerie, MD, head of Pediatric Surgery at Children's Hospital. "We have a greater list of minimally invasive tools that we can use as we need to for different procedures."

#### Children's Hospital Pediatric Surgeons

Shawn Stafford, MD
Assistant Professor of Clinical
Surgery, LSU Health
New Orleans

Evans Valerie, MD Head of Pediatric Surgery, Children's Hospital

David Yu, MD
Assistant Professor of Clinical
Surgery, LSU Health
New Orleans

#### Children's Hospital Urologists

Aaron Martin, MD, MPH
Assistant Professor of
Urology, LSU Health
New Orleans
Associate Clinical Professor of
Medicine, Health Policy and
Systems Management, LSU
School of Public Health

Joseph Ortenberg, MD Director of Pediatric Urology, LSU Health New Orleans

Christopher Roth, MD

Associate Professor of Urology,

LSU Health New Orleans

## **Helping Hands**

#### Building a healthy future for kids

## Take 5 Oil Change

Take 5 Oil Change raised \$100,000 for Children's Hospital through its "Change a Child's Life" promotion. Twenty

Child's Life" promotion. Twenty-eight stores in Southeast Louisiana and the Gulf Coast collected donations over a 12-week period. Special thanks go out to company president Pete Frey, his staff and customers. Take 5 Oil Change has raised nearly \$625,000 over the past ten years for Children's Hospital.



Tommy Mizell, Chad Grosch and Brandon Tullier

## Delta Fraternity Wild Game Dinner

The Delta Fraternity's Wild Game Dinner was held Saturday, March 14 in Westwego. Members convened to try exotic dishes at the potluck party. The adventurous fare included nutria spaghetti, wild turkey gumbo, venison chili, alligator and nutria sausage and smoked moose. The beast feast raised \$16,500. Since 2012, the members of Delta Fraternity have donated over \$40,000 to the hospital.

## **MEMORIALS**

April 1, 2015 — October 31, 2015

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Beth Hester

#### Cole Christopher Adler

The Gohres Family

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Mary Ann Linker

#### Dr. Alberto J. Belendez Arrillaga

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#### Mary Ann Lay

Ken & Marilyn Theriot

## The 5th Annual Glenn Otero Memorial Golf Tournament hosted by Turn Services

Turn Services, a local fleeting and shifting company, Turn Services, LLC started an annual golf tournament to benefit one of their own, Glenn Otero, a port captain diagnosed with cancer. Glenn lost his long-fought battle in 2011, and the tournament now benefits The Cancer Program at Children's Hospital. Held this past spring at Lakewood Golf Club, the tournament welcomed 220 golfers. Major sponsors included Turn Services, Pelican, Budweiser, Budwine & Associates, Gulf Coast Diesel, Rome's Tuxedos, Limousine Livery and Baudier Marketing. Food and beverages were generously donated by Community Coffee, ES&H, Force Power, Messina's Catering & Events, National Aqua Pressure and St. John's. The winning team was gifted with the tournament's signature orange jacket. Just like the Masters, this will become a tradition that will carry on for years to come. The tournament raised \$62,000 for The Cancer Program at Children's Hospital.

## 7. Christiana & Co. Golf Tournament

The 17th Annual Chicken Leg Open was held Wednesday, April 8 at Audubon Park. The golfers completed their round of golf and feasted at the tournament's post party while awards and prizes were distributed to the winners. Frank and Cindy Christiana, along with their children, hosted the outing, which raised \$8,000 for the hospital. Since 2004 The Christiana Family has raised over \$109,000 for Children's Hospital through their Chicken Leg Open.

## ALLFAX Specialties, Inc. Golf Classic & Pre-Party



Billy Hoffmann, Kristopher Martinez, Zach Strief (host and Offensive Tackle for the New Orleans Saints) and T.C. Ford

Zach Strief of the Black & Gold hosted the annual ALLFAX Specialties, Inc. Golf Classic & Pre-Party to raise more than \$80,000 for Children's Hospital. The tournament was held in May at Chateau Country Club, where 100 golfers hit the links. A pre-party, held in April at Tipitina's, featured a live and silent auction and raised more than \$18,000. Major sponsors included ALLFAX Specialties, Inc., Deutsch, Kerrigan and Stiles, Technical Environmental Services, Hertron International, Southwest Airlines, Symmetry Jewelers and Whitney Bank.

## Vicari Auction and Car Show



The Vicari Auction Company held an automobile auction and car show at Mardi Gras World on Saturday, July 11. In addition to classic and muscle cars, many collectible items were up for grabs, including several original Disney prints by artist Richard Sznerch. In total the auction raised over \$14,000 for Children's Hospital. A special thank you goes out to Pete Vicari and his team for putting on an amazing event for Children's Hospital.

#### Gloria Kellner Lee

Colonial Garden Club Frank & Arden Dalia

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Robbie Thibodeaux

#### Yvette Spence Levy

Pat & Kathy Canulette

#### Anne Pence Little

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Westside Clinics

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## Chevron Volleyball Classic



The Chevron Volleyball Classic was held during the Children's Miracle Network Telethon weekend at Coconut Beach in Kenner on Saturday, May 30. Over 400 people, players and spectators alike, packed the beach for the day. Forty teams participated in beginner, intermediate and advanced divisions and helped raise nearly \$30,000 for Children's Hospital. Participants played late into the night before division winners were crowned. They were: Advanced - Project Consulting Services, Inc. of Metairie; Intermediate - Friends of Devyn of Lafayette; Beginner - The Comets of Hahnville. Major sponsors included: Chevron, Treasure Chest Casino, Coconut Beach, Coca-Cola, H2O Specialties, Marathon Petroleum, New Orleans Fish House, Acadian Ambulance, Pelican Ice, Chaps Party Rentals, River Parish Disposal, Moon's Towing Service, Inc. and Louisiana's Health & Fitness Magazine.

#### Mo's Pizza Fest XIII

The 13th Annual Mo's Pizza
Fest brought food, families and fun to
Westwego on Sunday, May 31. The
daylong festival, which benefits Children's Hospital
and the Westwego police and fire departments, was
a great success thanks to Jeff and Lisa Arcemont and
the entire staff at Mo's Pizza. Festival-goers enjoyed
listening to the eclectic mix of live music provided
by Foret Tradition, Fat City Drum Corps, Amanda
Shaw & the Cute Guys and 5 Finger Discount.
They were also entertained with a performance
by the 610 Stompers. Mo's Fest raised \$6,500 for
Children's Hospital and major sponsors included:
Lotz Restaurant Supply, HomeBank, Pepsi,
Budweiser and Kiefer & Kiefer Law.

#### Plaisance Poker Run

The 13th annual Plaisance Poker Run was held Saturday, May 23. Hundreds of motorcyclists made their traditional first stop at Children's Hospital, where the bikers gave out toys to hospital patients. Those youngsters who were well enough to venture outside the hospital were thrilled to see the vast array of motorcycles. After presenting their gifts, the cyclists completed their poker run and enjoyed a great post-ride party at Plaisance's Bar in Gretna. Kim Carson and her band performed while the cyclists enjoyed great food and drinks. This year's event raised \$42,610. The New Orleans-Baton Rouge Steamship Pilots Association made an exceptionally generous gift of \$22,150 to the event, which they have supported since its inception.

## Rite Aid / CMN Golf Classic

The 14th annual Rite Aid Golf Classic raised more than \$51,000. More than 100 golfers enjoyed playing at English Turn Golf & Country Club, food and drinks on the course, a parade of prizes and silent auction.

## Wal-Mart/CMN Golf Tournament

Nearly 100 golfers hit the links at Windance Country Club in Gulfport, Miss., for the inaugural Biloxi Wal-Mart Golf Classic. While enjoying lunch catered by Tony Chachere's, they heard the story of one of our former oncology patients from the Mississippi Gulf Coast area who is currently cancer free. Major sponsors included Rex Distributing Co., Energy Beverage, Frito-Lay Inc., Coast Coca-Cola, Bimbo Bakeries and Ocean Potion. The organizers from the Biloxi Wal-Mart store were thrilled to raise close to \$20,000 through the tournament and plan to make next year's tournament bigger and better.

#### Cardone Cares

Launched in 2015, Cardone Cares is a charitable initiative through which the Cardone Law Firm donates to select local charities chosen by their clients. The program has donated \$8,457.

### **HONORS**

April 1, 2015 — October 31, 2015

#### Mother of Tim Carson

Chalmette Amusement Company Troy Estopinal

#### **Anthony Celino**

Philip & Roberta Gattuso

#### **Shelly Correjolles**

Congetta Sanford

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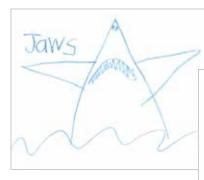


"OUT OF THIS WORLD" Will Accousti, age 3

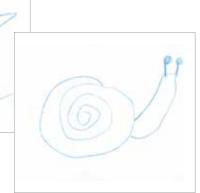


STAMP DOT ART Ink on paper

Aiden Cole Smith, age 6



JAWS IN THE NIGHT and SNAILS ALL AROUND Sadie Aitken, age 7 Crayon on paper





UNIVERSITY OF MIAMI MASCOT AND ZOMBIE Acrylic on ceiling tiles



Jordan Sabio, age 14



ELSA Victoria Moffett Cortes, age 17 Acrylic on ceiling tiles



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