



**Rapid Treatment Program  
Department of Psychology**

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**Rapid Treatment  
Program**

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RTP staff members wish to thank you for your interest in and active support of our program over the years. As we have an expanding number of new clinics and pediatricians who refer to the Rapid Treatment Program, we would like to review our model to ensure referrals are appropriate and addressed efficiently. Our treatment model involves short-term medication management of ADHD and first onset depression and/or anxiety. The goal of the RTP includes efficient stabilization of symptoms with eventual release to the pediatrician's care for longer term medication management. At that point, then, the referring physician is expected to continue making any medication adjustments he or she deems clinically appropriate. We remain available for additional consultations post discharge should any complications arise (e.g. via telephone/email, re-referral if necessary).

We would also like to introduce our new expansion of the Rapid Treatment Program. Dr. David Jackson, PHD, MP is working on Fridays at our Northshore Center at 71338 Highway 21, Covington LA 70433, and is accepting referrals for cases that approximate the short-term management criteria stipulated below.

Please ensure that referrals to the Rapid Treatment Program include the following:

- Patient name, address, telephone number(s), parent or legal guardian's name
- Physician's name, address, telephone and fax numbers of location of service
- Physician's signature (electronic or hand written)
- As Medical Psychologists must work with the concurrence of the pediatrician, please specify on the referral the following: "Evaluation and Treatment with medication management of...(diagnosis)"
- Please note that due to statutory requirements, referrals cannot be accepted directly from a Nurse Practitioner or Physician's Assistant

Due to our short-term treatment model and the complexity of factors involved in treating some behavioral and/or emotional conditions, the RTP **does not accept** referrals for conditions that often require long-term care. These include:

- Bipolar Mood Disorder
- Psychotic disorders
- Suicidal/homicidal behavior or ideation
- Excessive violence and/or dangerousness to self and others such as self-harmful behaviors or threats of physical harm to self or others
- Sexual offense/dysfunction
- Active substance abuse
- Eating Disorders

Due to the short-term nature and model of our program, the Rapid Treatment Program **does not offer** services for the sole purpose of:

- Psychotherapy or counseling
- Educational testing, assessment of learning disorders, or triennial evaluations to fulfill school requirements
- Disability determinations
- Long term treatment
- Assessment of Autism Spectrum Disorder and Developmental Disorders
- Evaluations to simply substantiate a diagnosis without medication management

Please continue to fax referrals to the attention of Christine Pellegrin, Case Manager, Rapid Treatment Program at **(504) 896-7273**. Thank you again for your solid support!