



Outpatient Psychiatry Intake Questionnaire

*Please complete and bring this form to your child's first appointment
Your thoughtfulness in answering these questions helps us understand your child*

Date:

Person completing form:

Relationship to patient:

Patient's Name:

(Last)

(First)

(Middle)

Patient's Date of Birth:

Patient's Age:

Sex assigned at birth: Male Female Intersex

Patient's Gender:

Patient's Current Address:

Home Phone Number:

Cell Phone Number:

Parent/Legal Guardian Name:

Age:

Current Address:

Occupation:

Education:

Email Address:

Preferred Phone Number:

Parent/Legal Guardian Name:

Age:

Current Address:

Occupation:

Education:

Email Address:

Preferred Phone Number:

Step/Foster Parent Name:

Age:

Current Address:

Occupation:

Education:

Email Address:

Preferred Phone Number:

Step/Foster Parent Name:

Age:

Current Address:

Occupation:

Education:

Email Address:

Preferred Phone Number:



PROBLEM HISTORY

Briefly describe concerns you have about your child and why are you seeking help?

Please select the problems your child **currently** demonstrates:

- | | |
|---|---|
| <input type="checkbox"/> Hyperactivity | <input type="checkbox"/> Feeling anxious/nervous/worried frequently |
| <input type="checkbox"/> Impulsivity | <input type="checkbox"/> Having panic attacks |
| <input type="checkbox"/> Poor attention span/difficulty concentrating | <input type="checkbox"/> Social withdrawals |
| <input type="checkbox"/> Disorganized/forgetful | <input type="checkbox"/> Tics or other involuntary movements |
| <input type="checkbox"/> Difficulty finishing tasks/projects | <input type="checkbox"/> Pulling out hair or eyelashes |
| <input type="checkbox"/> Aggressive behavior at home | <input type="checkbox"/> Picky eating |
| <input type="checkbox"/> Aggressive behavior at school | <input type="checkbox"/> Weight loss or concern with body image |
| <input type="checkbox"/> Temper outbursts | <input type="checkbox"/> Binge eating/purging or restricting diet |
| <input type="checkbox"/> Irritability | |
| <input type="checkbox"/> Feeling sad or hopeless | <input type="checkbox"/> Bed wetting |
| <input type="checkbox"/> Change in appetite | <input type="checkbox"/> Daytime toileting accidents |
| <input type="checkbox"/> Difficulty falling asleep or staying asleep | <input type="checkbox"/> Very rigid adherence to routine |
| <input type="checkbox"/> Nightmares/night terrors | <input type="checkbox"/> Problems with transitioning between activities |
| <input type="checkbox"/> Thoughts of suicide | <input type="checkbox"/> Having few friends |
| <input type="checkbox"/> Often thinking about death, loss | <input type="checkbox"/> Being bullied or cyberbullied |
| <input type="checkbox"/> Crying often | <input type="checkbox"/> Victim of physical, sexual abuse (see last page) |
| <input type="checkbox"/> Snoring or difficulty breathing while asleep | <input type="checkbox"/> Substance Use (see last page) |
| <input type="checkbox"/> Seeing, hearing, or feeling things that are not real | <input type="checkbox"/> Other problems |

Please describe three of your child's strengths:

Please describe any dangerous activities your child has been exposed to or engaged in:



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Treatment History

- | | | |
|--|--|--|
| <input type="checkbox"/> ADD/ADHD | <input type="checkbox"/> Developmental Delay | <input type="checkbox"/> Fire Setting |
| <input type="checkbox"/> Asperger Disorder | <input type="checkbox"/> Reactive Attachment | <input type="checkbox"/> Anxiety Disorder |
| <input type="checkbox"/> Autism | <input type="checkbox"/> Reading Disorder (Dyslexia) | <input type="checkbox"/> Adjustment Disorder |
| <input type="checkbox"/> Bipolar Disorder | <input type="checkbox"/> Math Disorder | <input type="checkbox"/> Phobias |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Learning Disorder | <input type="checkbox"/> Panic Attacks |
| <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Behavior Disorders | <input type="checkbox"/> Obsessive Compulsive Disorder |
| <input type="checkbox"/> Encopresis (bowel accident) | <input type="checkbox"/> Substance Abuse | <input type="checkbox"/> Tourette's syndrome/tics |
| <input type="checkbox"/> Enuresis (urinary accident) | <input type="checkbox"/> Oppositional Defiant Disorder | <input type="checkbox"/> Trichotillomania (hair pulling) |
| <input type="checkbox"/> Psychosis/Schizophrenia | <input type="checkbox"/> Conduct Disorder | <input type="checkbox"/> Other: |

Has your child ever attempted to harm him/herself or attempted suicide? Yes No
If yes, please describe:

Current Therapist Name:
Address:
Phone Number:

Other professionals involved in care
Name:
Address:
Phone Number:

Has your child ever been hospitalized for a mental health/behavioral problem? Yes No
If yes, please list the date of treatment, facility, location, and chief complaint below:

Dates of Treatment i.e., 11/01/2018-11/05/2018	Facility i.e., Hospital/residential	Problem Addressed i.e., Depression, etc.

Please list any past **outpatient** mental health treatments

Dates of Treatment	Psychiatrist/Therapist/Counselor	Location	Reason for Treatment & Response to Treatment

Has your child ever had a Neuropsychological/Psychological evaluation? Yes No



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Date:
Name of Psychologist:
Location
Reason for testing:

Has your child ever received physical or occupational therapy treatment or evaluation? Yes No

Date:
Name of provider:
Location
Reason for evaluation/treatment:

Has your child ever received speech-language treatment or evaluation? Yes No

Date:
Name of provider:
Location
Reason for evaluation/treatment:

Medical History

Name of primary care physician:
Address:
Phone Number:

List any allergies to medication or foods:

List current medical problems for which your child is being treated:

List any surgeries

List any hospitalizations for medical illness

Has your child ever had any of the following conditions? (Check all that apply)

Head, ears, nose, throat

- Visual problems/glasses
- Frequent nose bleeds
- Dental problems
- Frequent sore throats
- Frequent ear infections
- Trouble hearing

Heart

- Palpitations/Rapid Heart Rate
- Heart Murmur
- Poor exercise tolerance
- Dizzy spells or blackout lungs
- Chronic cough
- Asthma/wheezing
- Sleep apnea
- Snoring

Stomach and intestines

- Constipation/diarrhea
- Leakage of stool
- Nausea/vomiting
- Bloating/indigestion
- Frequent "heartburn"
- Liver problems
- Frequent fatigue



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- Problems with appetite
- Major weight loss or weight gain
- Difficulties walking, running, playing
- Frequent fevers, illnesses

Musculoskeletal

- Broken bones
- Torn ligaments or joint problems
- Painful joints or muscles

Neurologic

- Tremors
- Seizures
- Tics/Involuntary movements
- Headaches
- Tinnitus (ringing in ears)

- Head injuries/concussions

Skin

- Skin rashes
- Eczema
- Area of skin discoloration/birthmarks
- Burns

Kidneys and urinary tract

- Kidney, bladder, or urethral problems
- Enuresis (urinary accidents)
- Bed wetting
- Frequent urination
- Frequent urinary tract infections
- Started menstrual periods? What age?

Endocrine

- Diabetes
- Frequent thirst
- Often needing to eat
- Difficulty tolerating cold or hot conditions

Blood/immune system

- Easy bruising
- Blood clotting disorder
- Lumps under arms, below neck, in thigh areas
- Comprised immune system/frequent infections
- Allergies

Does your child presently take medications including over the counter or naturopathic medicine?

Medication	Dosage	Reason for taking & noted benefits	Date (Started/Stopped)	Prescribed by

Family History

Of the child's biologic (blood) relatives is there any history of the following?

Please mark with **M=mother, F=father, S=sister, B=brother, GM=grandmother, GF=grandfather, U=uncle, A=aunt, C=cousin**

Problem/Diagnosis	Relationship to Child
Depression	
Anxiety or panic symptoms	
Obsessive compulsive disorder	
Bipolar/manic depression	
Schizophrenia/psychosis	
Attention deficit/hyperactivity disorder	
Tics/Tourette's	



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Criminal behavior	
Attempted/completed suicide	
Psychiatric Hospitalization	
Substance abuse	
Autism/Developmental delay	
Learning disorders	
Thyroid illness	
Seizures	
Migraine	
Sudden cardiac death/rhythm problem	
Kidney disease	
Liver disease	
Cancer	

Pregnancy and Birth History

How many weeks did the pregnancy last (normal is 38-42 weeks)?

Normal vaginal delivery or C-section Birth Weight: lbs oz. Birth Length: inches
 Apgar scores (if known): First: Second:

Please list any medications taken during pregnancy

Medication	Months taken (of 9)	Reason for taking

Please list any substance use or toxic exposures during pregnancy (alcohol, tobacco, etc.)

Medication	Months taken (of 9)

List any illnesses during pregnancy:

List any difficulties your child had during or immediately after delivery:



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Select any difficulties your child exhibited during infancy		Developmental Milestones	
Difficult to hold, cuddle, or comfort	<input type="checkbox"/> Yes <input type="checkbox"/> No	Sit up alone	Age:
Colic	<input type="checkbox"/> Yes <input type="checkbox"/> No	Walk alone	Age:
Restless or irritable	<input type="checkbox"/> Yes <input type="checkbox"/> No	Spoke first words	Age:
Problems with sleep	<input type="checkbox"/> Yes <input type="checkbox"/> No	Spoke in sentences	Age:
Problems with nursing or feeding	<input type="checkbox"/> Yes <input type="checkbox"/> No	Bladder training complete	Age:
Health problems as infants	<input type="checkbox"/> Yes <input type="checkbox"/> No	Bowel training complete	Age:
Seizures during infancy	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes to any of the above, please describe	
Other	<input type="checkbox"/> Yes <input type="checkbox"/> No		

Developmental or Behavioral Concerns

Did your child have any of these problems and at what age did it first occur?	Ages 1-18 months	Ages 18 months to 3 years	Ages 3-5
High fevers			
Chronic ear infection/tubes placed			
Heartburn or reflux			
Poor weight gain or weight loss			
Difficulty playing with other children			
Rocking, spinning, head banging, hand flapping			
Walking on tip toes or poor coordination			
Restless, irritable, difficulty calming self			
Nightmares, other sleep problems			
Thumb sucking			
Bedwetting			
Difficulty being cuddled, held, or comforted			

Child's cultural identity:

What spiritual or faith concerns need to be considered?

Language spoken at home: English Other: _____

Is child in foster care? Yes No



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Is child adopted? Yes No If yes, at what age?

Does family or child know birth family? Yes No

Has there been any adjustment issues for family or patient related to adoption?

Are there any events in caregiver/parent's life that influence parenting style?

Who lives in the child's primary home?

Name	Age	Relationship to patient

Close family members and other supportive individuals not living in the home?

Name	Age	Relationship to patient

Current School

Name:

Child's current grade:

Handedness: Left Right Both (Ambidextrous)

School Experience/Learning Experience			
Name of Schools Attended	Grades/Teachers' Reports	Academic Concerns	Behavioral/Social Concerns
Preschool			
Kindergarten			
Elementary			
Middle/Junior High			
High School			



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Did/Does your child receive early intervention services? Yes No

To the best of your knowledge, at what grade level is your child currently performing?

Reading: Spelling: Math: Writing:

Has your child ever been held back or has retention ever been suggested? Yes No

Has your child ever received Special Education services or received accommodations through a 504 plan or IEP (Individualized Education Plan) and why? Yes No

- Autism Spectrum Disorder
- Communication Disorder
- Hearing or vision impaired
- Learning disability
- Math, reading or writing problems
- Traumatic brain injury
- Intellectual disability
- Physical handicap
- Other health impaired
- Behavior problems
- Other developmental delay

What was child's IEP or 504 plan **most recently** reviewed, and what were the goals? (Attach if possible)

Does your child receive any of the following in school?

- Adapted physical education
- Occupational therapy
- Physical therapy
- Speech therapy
- Counseling
- Tutoring

Has a classroom teacher reported any of the problems below? (If so, in what grade did it start)	
Attention/concentration/distractible/hyperactive	Grade:
Behavior problems or aggression	Grade:
Reading, Spelling, Math, or handwriting problems	Grade:
Forgetful, loses papers, difficulty following directions	Grade:
Difficulty getting along with other kids/few friends	Grade:
Anxious, sad, withdrawn	Grade:
Sleepiness	Grade:

Extra-curricular activities at school (sports, clubs) or after school:



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Does your child have friends? Yes No older, younger, or same age?

Does your child have a best friend? Yes No Name:

How does your child interact with friends?

- | | | |
|---|--|--|
| <input type="checkbox"/> Acts bossy | <input type="checkbox"/> Disinterested in others | <input type="checkbox"/> Withdrawn |
| <input type="checkbox"/> Initiating play | <input type="checkbox"/> Make new friends | <input type="checkbox"/> Shares |
| <input type="checkbox"/> Group play | <input type="checkbox"/> Keep old friends | <input type="checkbox"/> Compromises |
| <input type="checkbox"/> Accepted by kids | <input type="checkbox"/> Bullies others | <input type="checkbox"/> Individual play |

Does your child have any of the following in his/her bedroom?

- TV Computer Cellphone Landline phone

On average, how much time does your child spend every day doing the following activities?

Activity	Average Hours Daily	Any problems as a consequence?
Favorite video games		
Favorite television show		
Frequent internet website		
Reading favorite book		
Engaging in favorite activity		

Abuse or Maltreatment

Has your child been the victim of sexual abuse, physical abuse, or bullying? Please describe event (s) and if there were legal consequences.

Other traumatic events

Substance Abuse	Age Started	Current Use	Legal Consequences	Previous evaluation or treatment
Alcohol		<input type="checkbox"/> Yes <input type="checkbox"/> No		
Marijuana		<input type="checkbox"/> Yes <input type="checkbox"/> No		
Opiates, Heroin		<input type="checkbox"/> Yes <input type="checkbox"/> No		
Cocaine		<input type="checkbox"/> Yes <input type="checkbox"/> No		
Methamphetamine		<input type="checkbox"/> Yes <input type="checkbox"/> No		



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Substance Abuse	Age Started	Current Use	Legal Consequences	Previous evaluation or treatment
Hallucinogens (LSD, mushrooms)		<input type="checkbox"/> Yes <input type="checkbox"/> No		
MDMA (ecstasy/molly)		<input type="checkbox"/> Yes <input type="checkbox"/> No		
Bath Salts (Synthetic cathinone)		<input type="checkbox"/> Yes <input type="checkbox"/> No		
K2/Spice (Synthetic Marijuana)		<input type="checkbox"/> Yes <input type="checkbox"/> No		
Inhalants		<input type="checkbox"/> Yes <input type="checkbox"/> No		
Prescription drugs, cold medicine		<input type="checkbox"/> Yes <input type="checkbox"/> No		
Salvia		<input type="checkbox"/> Yes <input type="checkbox"/> No		
Club drugs (Rohypnol, Ketamine)		<input type="checkbox"/> Yes <input type="checkbox"/> No		
Tobacco		<input type="checkbox"/> Yes <input type="checkbox"/> No		
Anabolic steroids (testosterone)		<input type="checkbox"/> Yes <input type="checkbox"/> No		

Is there any other issue you want to convey about your child?