|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Day of Life/Date |  |  |  |  |  |  |  |  |  |  |  |  | Daily Total Pumped | Daily Total Target |
| 1 | Time |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount |  |  |  |  |  |  |  |  |  |  |  |  | Drops |
| 2 | Time |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount |  |  |  |  |  |  |  |  |  |  |  |  | Drops |
| 3 | Time |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount |  |  |  |  |  |  |  |  |  |  |  |  | 25-75 ml (1-2.5 oz) |
| 4 | Time |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount |  |  |  |  |  |  |  |  |  |  |  |  | 75-150 ml (2.5-6 oz) |
| 5 | Time |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount |  |  |  |  |  |  |  |  |  |  |  |  | 150-225 ml (6-7.5 oz) |
| 6 | Time |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount |  |  |  |  |  |  |  |  |  |  |  |  | 225-300 ml (7.5-10 oz) |
| 7 | Time |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount |  |  |  |  |  |  |  |  |  |  |  |  | 300-375 ml (10-12.5 oz) |
| 8 | Time |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount |  |  |  |  |  |  |  |  |  |  |  |  | 375-450 ml (12.5-15 oz) |
| 9 | Time |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount |  |  |  |  |  |  |  |  |  |  |  |  | 450-525 ml (15-17.5 oz) |
| 10 | Time |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount |  |  |  |  |  |  |  |  |  |  |  |  | 525-600 ml (17.5-20 oz) |
| 11 | Time |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount |  |  |  |  |  |  |  |  |  |  |  |  | 600-650 ml (20-22 oz) |
| 12 | Time |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount |  |  |  |  |  |  |  |  |  |  |  |  | 650-700 ml (22-23.5 oz) |
| 13 | Time |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount |  |  |  |  |  |  |  |  |  |  |  |  | 700-750 ml (23.5-25 oz) |
| 14 | Time |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Amount |  |  |  |  |  |  |  |  |  |  |  |  | 750+ ml (25+ oz) |