About the Leaders of the Gilda Trautman Newman Rehabilitation Program

ANN TILTON, MD, is the Medical Director of the Gilda Trautman Newman Rehabilitation Program. She is also a Professor of Neurology and Pediatrics and Section Chair of Child Neurology at Louisiana State University Health Science Center in New Orleans. Dr. Tilton serves as member of the Board of Directors of the Child Neurology Foundation, and is active on the American Academy of Neurology Board of Directors where she serves as the treasurer of the American Academy of Neurology Institute. She also serves on the National Council for Children with Disabilities and is a member of the American Society of Neurorehabilitation. Dr. Tilton is board certified by the American Board of Pediatrics, the American Board of Psychiatry and Neurology with Special qualifications in Child Neurology and the American Board of Psychiatry and Neurology in Clinical Neurology. She has been published on numerous topics and has spoken nationally and internationally on child neurology, rehabilitation and spasticity management. Dr. Tilton’s interests include neurorehabilitation, Neuromuscular Disorders and clinical applications and research in novel uses of botulinum toxin and intrathecal baclofen in the care of children and young adults with abnormal tone.

SCOTT SCHULTZ, MD, PM&R, is the Associate Medical Director of the Gilda Trautman Newman Rehabilitation Program. Dr. Schultz is board certified in adult and pediatric physical medicine and rehabilitation. He is a member of the American Academy of Cerebral Palsy and Developmental Medicine and the American Academy of Physical Medicine and Rehabilitation. Dr. Schultz received a Bachelor’s of Arts and a Bachelor’s of Science degrees from Tulane University as well as his medical degree from George Washington University. Dr. Schultz completed his pediatric rehabilitation fellowship at Kennedy Krieger Institute/ Johns Hopkins School of Medicine. He later joined the Johns Hopkins Hospital and Kennedy Krieger Institute as a faculty member. Dr. Schultz joined Children’s Hospital’s rehabilitation team in 2014.
2014 Rehabilitation Program Annual Report

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www.chnola.org/rehab
Reagan's Story

DO NOT REALLY REMEMBER HOW I felt as soon as I got to Children’s, and I definitely do not remember anything from University Hospital except for one nurse. However, I remember everything from Children’s Hospital and that is because of the kind of care I received from all the therapists, nurses and doctors. Everyone was so positive and they assured me that I would be able to walk again considering how active I am. It is because of Children’s that I am doing everything I am doing now including running the 400m on my school’s track team, driving and acting/singing in our school’s play.

The care I received at Children’s was the kind of care a good mother would give to her child. Everyone was positive and uplifting, but when we needed to work it became serious so I could get what I needed to get done. It is because of that I can move again. Thanks to my PT, Mrs. Lori and my PTA, Mrs. Linda, I can move and, even more than that, lift weights at the gym. Thanks to my OTs, Danielle and Kim, I can do everything I need to do in my home and at school, like dress myself and write. Thanks to Jeff, the CTRS, I was able to see that I could have fun even in this terrible time in my life that was not too terrible because of Children’s. Even further, thanks to the music therapist, Ms. Kim, I have become interested in the guitar and plan on learning how to play it. All of my therapists made me laugh, and they became more than just therapists to me. They became like friends and family.

The nurses and doctors checked on me constantly to make sure I was content with everything. They knew exactly what I needed most of the time. There was one incident where my orthostatic hypotension got really bad just after they reduced my salt intake and I passed out. They did, however, fix that pretty fast.

Quotes from

“Within five minutes of being in the ICU, we knew we were where we needed to be.”

“We were greeted with so much kindness and compassion from numerous rehab therapists, and hope was given.”

“Within the first day, we transformed his room to a place that represented him rather than just his hospital room. Staff members were very helpful, and very positive about what we had done.”

“The ups he experienced were the results of him healing and making daily progress, along with all of the positive energy given to him from his therapists, nurses and happy environment at Children’s.”
All the activities that the therapists provided made my time at Children’s great, as well. The teen room provided me and my friends with a fun place to hang out on the weekends. The outings Jeff took me on allowed me to see something other than the hospital and provided me with a fun time. Even the walks Mrs. Lori took me on for therapy outside the hospital were fun and I got some fresh air.

In conclusion, Children’s provided me with the hope and compassion I needed to get me through that time in my life. Everyone in the hospital was extremely nice and were genuinely concerned for my well-being. The outings we went on provided me with a getaway every once in a while so I didn’t get too stir crazy staying inside for five weeks. Children’s Hospital was definitely the right place for me and for most children anywhere. It is simply a great place to go for medical care.

— Reagan, a former patient

“Reagan was very fortunate to have wonderful nurses take of him. They treated him with respect and dignity even when having to do things that were very embarrassing and uncomfortable to Reagan. “

“They empathized with our pain, and celebrated with us the progress and good things that were happening. “

“Linda Middleton [his PTA] was Reagan’s prayer! She was so positive and comforting to us all of the time.”
From the Rehabilitation Director

As the Director of the Gilda Trautman Newman Rehabilitation Committee, I have the pleasure of presenting the 2014 annual report. In 2014, our program has continued to thrive, grow and provide us with the opportunity to serve as the leading provider of pediatric inpatient rehabilitation services in the state of Louisiana.

The Gilda Trautman Newman Rehabilitation Center is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). Through accreditation, CARF assists service providers in improving the quality of their services, demonstrating value and meeting internationally recognized organizational and program standards. This is an ongoing process. Our efforts are focused on meeting and exceeding these high standards of care.

In 2014, we continued to evaluate the effectiveness of our programs utilizing competency based measures targeting rehabilitation skills. The relationship with Children’s Special Health Services (CSHS) and their resource center offers our patients additional information regarding service targeting educational, family community and transitional issues. Involving our stakeholders has been very rewarding with a patient liaison, parent liaison and the Brain Injury Association of Louisiana liaison on our committees. These positions give our stakeholders the opportunity to give input into program development and process.

The quality of our program is evaluated through the use of the WeeFIM and 0-3 Wee FIM. The WeeFIM measures functional performance in three domains: self-care, mobility and cognition. This instrument allows our facility to be compared against similar facilities, national benchmarks and functional outcomes.

A major transition in 2014 was the addition of Dr. Scott Schultz as our Associate Medical Director. Dr. Schultz is board certified in adult and pediatric physical medicine and rehabilitation. He comes to us from Kennedy Krieger Institute Johns Hopkins where he specialized in physical medicine and rehabilitation, concussions, spina bifida and pain. We welcome him to our rehabilitation team.

In conclusion, in this 2014 annual report, we remember all the children we have had the honor and privilege of treating. We certainly learn much from our patients and their families about life, love, hard work and perseverance. Because of them we will continue to strive to be the best inpatient rehabilitation center for years to come.

Ann Tilton, MD
Medical Director of Rehabilitation Services

Patient/Family Testimonials

“Your overall teamwork was excellent. Everyone took the time to make our son comfortable. We were informed with his complete rehab care. We appreciate everyone.”

4
About the Rehabilitation Center

The Gilda Trautman Newman Rehabilitation Center at Children’s Hospital was established in 1955. The Rehabilitation Center is the primary provider of comprehensive pediatric inpatient rehabilitation services in Louisiana. It is also the only Commission on Accreditation of Rehabilitation Facilities (CARF) accredited pediatric facility in the state.

Children’s Hospital is a 247 bed hospital with 12 beds dedicated to the rehabilitation center. The hospital provides a full array of consultative and medical specialties. Inpatient rehabilitative services are provided for a wide range of diagnoses, including but not limited to, spinal cord injury, stroke, limb deficiency, neuromuscular conditions, traumatic injuries, cardiopulmonary conditions and brain dysfunction. Brain dysfunction accounts for the highest proportion of the rehabilitation patients. The Gilda Trautman Newman Rehabilitation Center is organized to provide a family centered, integrated and interdisciplinary team approach to improving the quality of life and maximizing function for our patients.

It is the philosophy of the Center to provide comprehensive rehabilitation services that are individualized to meet the needs of those who have disabilities or illnesses that require rehabilitation. The integrated and interdisciplinary team approach is utilized to assist our young patients in adjusting to and reaching their maximum level of function and independence.

MISSION STATEMENT

To comprehensively support the patient and family through high quality medical care, therapy services, education and advocacy in order to optimize functional well-being and enhance quality of life in an atmosphere of compassion and respect.

VISION

To be the market leader for all pediatric rehabilitation diagnoses in the state and region and to be CARF accredited for inpatient rehabilitation services. To maintain an average daily census of 10 inpatients on a designated Rehabilitation Nursing Unit with an interdisciplinary approach towards patient and programmatic goals.

VALUES

Our patients are our first concern. We provide them with quality services in a caring environment. Every child is entitled to increase their functionality to the highest level possible through training and education.

Every family is entitled to education and training in order to competently care for the patient as needed.

We provide competent and innovative management of the patient’s rehabilitation needs through training and on-going education of the staff.

We strive to achieve the satisfaction of all stakeholders - patient, family, physician, staff, referral source and payer.

We always operate with attention to personal and community standards of legal, ethical and moral practice.
The following information and data is presented as the annual report on the outcomes of the Gilda Trautman Newman Rehabilitation Center’s patient care programs and services. The activity highlights and accomplishments from January 1, 2014—December 31, 2014 are listed below. This program evaluation report provides an annual checkpoint for monitoring patient functional outcomes, patient satisfaction and service delivery.

**HIGHLIGHTS AND ACCOMPLISHMENTS:**

- Developed a Graduation/Achievement Certificate for patients at discharge
- Addition of Dr. Scott Schultz, PM&R
- Addition of committee members to include Brain Injury Association representative, patient liaison and parent liaison
- Updated surveys in order to maintain meaningful patient input
- Implemented new WeeFIM 0-3 scale in order to more effectively evaluate and compare outcomes for our patients less than 3 years of age
- Exemplary performance ratings were received by Child Life during CARF survey
- Child Life developed the new wheelchair accessible playground
- Received CARF reaccreditation
- Held our 5th Annual Ice Cream Social and Reunion
“ON balance, CHNOLA has shown a true commitment to providing quality services. The organization provides a strong patient and family-centered service for children within the Gulf Coast community. The program is well respected by patients, referral sources and other stakeholders. The rehabilitation staff members are involved in the strategic planning and performance improvement processes and take pride in being part of a comprehensive process in order to affect positive change. Children’s Hospital has earned a Three Year Accreditation. The organization is recognized for its efforts to provide quality rehabilitation services and is encouraged to continue to remain current with the CARF standards as it addresses the areas of improvement noted.”

— CARF Survey 2014
2014 Outcomes

GILDA TRAUTMAN NEWMAN REHAB CENTER

AGE GROUPS

DIAGNOSIS

44% Greater than 10 years
23% 0 to 3
11% 3 to 5
11% 7 to 10
44% 5 to 7

Brain Dysfunction, Non-traumatic 27%
Brain Dysfunction, Traumatic 33%
Major Multiple Trauma 9%
Spinal Cord, NT 9%
Spinal Cord, Traumatic 9%
Stroke 6%
Neurologic Disorders 2%

100% OF SURVEY RESPONDENTS WOULD RECOMMEND US
## Rehab Outcomes

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<th>Number of Cases</th>
<th>% Returned Home</th>
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<td>Major Multiple Trauma (TBI with Orthopedic)</td>
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<td>Arthritis and Cardiac</td>
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<td><strong>67</strong></td>
<td><strong>100%</strong></td>
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### Admit Origins

- Children’s Hospital: 30%
- Admits directly from outside facilities: 70%

### Did You Know

There is more than 300 years of experience on our Rehab Team.

94% of our rehab patients returned to school environment.
### Where Our Patients Reside:
#### LOUISIANA PARISHES

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Jeff Helminger, recreation therapist, has worked in the Rehabilitation Center for 15 years. He is easily recognizable because of his positive, upbeat personality. Jeff has a way of making the children and teens feel comfortable.

When he engages the children in Recreation Therapy sessions they are having so much fun they don’t realize they’re doing therapy. A big part of Jeff’s job is helping patients and families transition from the hospital back home. He coordinates the Community Reintegration Program which allows patients and families to go into the community to practice the skills they are learning in their therapies.

Some of the things Jeff’s patients and families have said:

- “Jeff has the best attitude to work with sick kids. He always made me smile when I was at my worst. He’s smart, kind, empathetic, hardworking and better at making people feel good than medicine. He is an asset to the hospital. Thanks!” – Enrique, a patient

- “You are awesome! Thank you for all you’ve done during the rehab process. Every day our family looked forward to RT. Thank you for the outing to the aquarium, we had a blast! You have a unique gift that puts a smile on the faces of patients. Thanks!” – Copelin’s family
COMMUNITY REINTEGRATION

In 2014, our patients in the rehabilitation program were transported in the van to movie theaters, bowling alleys, shopping malls, a barber shop, the zoo, aquarium, insectarium and back to school to evaluate accessibility and practice all the skills they learned in therapies.

“The state-of-the-art van for transportation of patients is a significant strength of the program. The van is spacious, safe and provides a strong, visual sign of the organization throughout the community as trips are completed.” — CARF

“Participating in the community outings was a huge part of my son’s recovery. The outings gave my son the confidence he needed to return to his normal life.” — A parent

“This outing was essential in giving my child the confidence to return to school.” — A parent

“My outing helped me keep a positive attitude and helped me to feel normal again. I was proud of how much I could do using my wheelchair.” — A patient

SCAVENGER HUNT ACCESSIBILITY SURVEY

CARF rated our accessibility scavenger hunt as having “exemplary conformance to the standards.” All patients and their families participate in an accessibility scavenger hunt where they identify concerns throughout the hospital. The scavenger hunt goes beyond the boundaries of the inpatient rehabilitation program to include the entirety of Children’s Hospital. Feedback from these scavenger hunts was used to identify and make improvements, such as the accessible design of the new playground.

OUR PLAYGROUND “A NEW PLACE TO PLAY!”

In March 2014, our new playground opened for business. The playground meets the standards of the Americans with Disabilities Act (ADA), featuring a wheelchair accessible ramp and bonded rubber ground surface. This colorful playground is a welcome asset to the rehabilitation program. It features a variety of components where children can work on motor, cognitive, exploration and social skills. Some of the things featured on the playground are: a playhouse, three slides, three climbing components, interactive kid powered panels, a music center and scavenger hunt. A special feature called the cozy cocoon is a very popular item. This piece of equipment was specifically designed to appeal to children who have autism. Our playground is a safe and accessible place where all children can have fun.

WHAT OUR PATIENTS ARE TELLING US

CARF complimented us on how we get feedback from our patients. Recreation Therapist, Jeff Helminger, created an interactive game designed to get the kids talking about their rehabilitation experience. He wanted to find out what they like and what they find the most challenging. Patients complete this activity by tossing a ball which has questions that they answer.
About Our Rehabilitation Team

Our program has a renowned reputation throughout Louisiana and the Gulf South. For more than 50 years, Children’s Hospital has served the medical and surgical needs of the children of our region. Today’s strength is the result of the hospital’s solid foundation as a rehabilitation hospital. Our strong commitment to pediatric rehabilitation continues, and it is even stronger today. The comprehensive rehabilitative services and compassionate care provided by the center’s dedicated staff has dramatically improved the quality of life for thousands of children. We are extremely proud of our past accomplishments, but we never lose sight of our goal of “healing one child at a time.”

The rehabilitation program has a comprehensive, interdisciplinary, family-centered, team-oriented program that specializes in treating children from birth through 21 years of age. We know that when a child is injured or disabled it affects the entire family. Patients are treated in a rehabilitation program designed to meet their specialized pediatric needs. Our team members provide a framework to help each family adjust to the child’s individual abilities and offer emotional support to preserve and strengthen the family during hospitalization. Family members are encouraged to attend therapy sessions with the child to foster success in rehabilitation and reintegration into the community, school and vocation as appropriate. Through family interviews and community reintegration, therapists can help evaluate your home and your child’s school to suggest adaptations to ease the transition to life away from the hospital.

A child requiring the specialized services of a rehabilitation program experiences a profound interruption in life and the relationship within the family. The family unit is quite unique for each child; however, it is the constant in a child’s life. As such, the family is respected and treated as an essential part of the rehabilitation team. We work with families and patients and try to include both in treatment decisions as a child progresses through the program and prepares for transition back to life at home and school. We encourage parents to provide input, interact with the rehabilitation team and ask questions about their child’s treatment plan.

A SPECIAL PLACE

At the start of your stay at the Rehabilitation Center, our interdisciplinary team of physicians, nurses, therapists and social workers review important medical information about each child. The goal of rehabilitating children is to concentrate on restoring their abilities or helping them learn and adapt to new skills. Once admitted, physical, occupational, speech, music and recreation therapists, as well as neuropsychologists in coordination with patient and family, establish goals for each patient. Each child’s therapy program is individualized to maximize functional recovery.

Therapy appointments are typically scheduled in 30-minute time blocks and consist of physical therapy (PT), occupational therapy (OT), speech and language therapy (ST), music therapy (MT) and recreational therapy (RT). Each child must fulfill three hours of OT, PT and/or ST per day. Additional members of the rehabilitation team include nursing, audiology, neuropsychology, respiratory therapy, case management, nutrition and social services. Treatment team meetings are held weekly throughout your child’s hospitalization. The child’s progress will be discussed, as will all needs for transitioning back to home and school. The family is crucial to our team’s success and is encouraged to be engaged and ask questions about their child’s treatment.
Rehabilitation Program Committee Members

The Rehabilitation Program Evaluation Annual Report was made possible by the Rehabilitation Program Committee consisting of the following members:

Ann Tilton, MD
Medical Director

Scott Schultz, MD
Associate Medical Director

Rebecca Rothbaum, PsyD
Neuropsychology

Catherine Kiracofe, PsyD
Neuropsychology

Natasha Haynes
Vice President of Hospital Operations
Research Sub-Committee Chairperson

Lee Myers, CTRS
Rehabilitation Team Committee Chairperson
Director of Child Life

Anna Bentz, PT, CWS
CARF Sub-Committee Chairperson
Director of Physical Therapy

Doreen Speyrer, M.S., CCC-SLP
CARF Sub-Committee Chairperson
Director of Speech and Audiology

Michele J. Borey, LOTR, MBA, CPTS
Rehabilitation Team Committee Co-Chairperson
Director of Occupational Therapy

Carol Fontenot, LCSW
Rehabilitation Team Member
Director of Social Services

Tara Gautier, RN, BSN
Rehabilitation Team Member
Rehabilitation Center Nursing Manager

Amber Andrews Sones, PT, DPT
Outcomes Sub-Committee Chairperson
Physical Therapy

Molly Markey, PT, DPT
Rehabilitation Team Member
Physical Therapy

Leslie Buttone, LOTR, MOT
Rehabilitation Team Member
Occupational Therapy

Kim Gambel, LOTR, MOT
Rehabilitation Team Member
Occupational Therapy

Jeff Helminger, CTRS
Rehabilitation Team Member
Recreational Therapy

Kim Bell, MT-BC
Rehabilitation Team Member
Music Therapy
Sarah Jane Thompson, MCD, CCC-SLP  
Rehabilitation Team Member  
Speech Therapy

Shawna Sisung, RRT  
Rehabilitation Team Member  
Respiratory Therapy

Lori Boyter, PT  
Rehabilitation Team Member  
Physical Therapy

Linda Middleton, PTA  
Communications Sub-Committee Chairperson  
Physical Therapy

Danielle Helminger, LOTR, MOT  
Rehabilitation Team Member  
Occupational Therapy

Rose Francke, RN  
Rehabilitation Team Member  
Rehab Nursing Educator

Lynn Kaska, MHS, CRC, LRC  
Research Sub-Committee Co-Chairperson  
Rehabilitation Case Manager

Taylor Burgmon, MS, RD, LDN  
Rehabilitation Team Member  
Dietary

Lizeth McNabb, LSW  
Outcomes Sub-Committee Chairperson  
Social Services

Joan LaMartina, LSW  
Rehabilitation Team Member  
Social Services

Amanda Giles, MCD, CCC-A  
Rehabilitation Team Member  
Audiology

Lakesha Murray, Au.D., CCC-A  
Rehabilitation Team Member  
Audiology

Steven Nguyen  
Rehabilitation Team Member  
Youth Liaison

Thuy Nguyen  
Rehabilitation Team Member  
Parent Liaison
Children's Hospital began as a dream in the minds of a group of special community leaders about a decade before the hospital became a reality. In the years following World War II, a poliomyelitis epidemic attacked thousands of children, leaving many handicapped. Concerns about these children led the late Elizabeth Miller Robin, a polio victim herself, to establish a rehabilitation hospital for children. The facility opened in 1955.

What makes the hospital unique is the combination of the latest developments in medical treatment and an atmosphere of love and concern for the whole child. Throughout its history, Children's Hospital has served as a teaching hospital where faculty from the Louisiana State University Health Sciences Center and Tulane Medical Center form a strong pediatric teaching program. In 1976, Children's Hospital was expanded to become a full-service general pediatric hospital. It has since grown continually to meet the growing healthcare needs of our community.

Children's Hospital is a 247 bed, not-for-profit regional medical center offering the most advanced pediatric care. It cares for children from birth through 21 years in more than 40 specialties, including life-threatening illnesses, routine childhood sicknesses and preventative care.

For more information about Children's Hospital, call (504) 899-9511 or visit www.chnola.org.

ACCREDITATIONS, MEMBERSHIPS AND AFFILIATIONS

Children's Hospital is accredited, affiliated, or supported by the following local and national organizations:

**ACCREDITATION**
CARF Commission on Accreditation of Rehabilitation Facilities
American Academy of Pediatrics
The Joint Commission
American College of Surgeons (ACoS) Commission on Cancer
National Marrow Donor Program

**MEMBERSHIP**
Children’s Hospital Association (CHA)
Children’s Oncology Group (COG)
Louisiana Hospital Association
Metropolitan Hospital Council of New Orleans

LCMC HEALTH is a Louisiana-based, not-for-profit healthcare system serving the needs of the people of Louisiana, the Gulf South and beyond. LCMC Health has grown from a single hospital in 2005 to a network of four today and is still growing. LCMC currently manages Children’s Hospital New Orleans, Touro, New Orleans East Hospital, Interim LSU Hospital and University Medical Center New Orleans, opening Summer 2015.
HISTORICAL OVERVIEW

1955  Hospital originally opened as Crippled Children’s Hospital

1976  Crippled Children’s Hospital was renamed Children’s Hospital and became the first full-service children’s hospital in Louisiana.

1981  Dr. Joseph Nadell, a neurosurgeon, became the Director of Children’s Hospital’s inpatient rehabilitation program. With Dr. Nadell’s passion for neurological injuries came our service for children with Traumatic Brain Injuries.

1986  Dr. Ann Tilton became the Co-Medical Director of the Gilda Trautman Newman Rehabilitation Center. Dr. Tilton brought her neurology medicine background which allowed us to expand our services to children with any neurology disorder.

2013  Dr. Joseph Nadell retired.

2014  Dr. Scott Schultz, PM&R, joined our team as the new Associate Medical Director.

PRESENT  12 bed Rehabilitation Center with access to more than 40 pediatric specialties including the treatment of children with brain injury and spinal cord injury.